

The SafeUT app provides a way to connect to licensed counselors who are ready to listen to any sized crisis or concern. Help is immediate and confidential, and as easy as reaching for your phone and sending that first text. Go to your app store and download it today!



Mrs. Lara Wright, shown above, is the mathematics chairperson. She teaches all of the upper level math courses as well as physics.

LET’S DO MATH

by Cadets A. Arana, A. Brady, D. Jennings, and M. Schillemann

Mrs. Wright has gone the extra mile for her math classes. She stayed over the summer to completely rewrite the pre-calculus book and looked for activities and games to make her class more enjoyable. She also went to AP class training over the summer.

Some of the challenges she will face this year with her cadets include trying to motivate them to work when they refuse to listen or do their work. “However, I enjoy working with cadets and seeing them reach their full potential.” Mrs. Wright says.

Her goals for this year are to encourage good grades and to have the cadets take advantage of all of the opportunities she provides. “The administration is new this year, and we are starting with a brand new fresh start, which I think will be nice for everyone.” Mrs. Wright explained. Mrs. Wright has previously worked at Northridge and Clearfield High Schools before coming to UMA. She claims that there were a lot of differences between the schools, much of which were due to size. But, in the end, we should try to put in as much effort in math as Mrs. Wright and the rest of our teachers do.



Above, Jared Visage pitches for the Thunderbirds during a recent game against APA - Draper. The Thunderbirds won the first of a doubleheader 8-4.

LUNCH SERVED WITH LOVE



by Cadets A. Arana, A. Brady, D. Jennings, and M. Schillemann

Most cadets take for granted what the kitchen crew or the lunch ladies do for them. They have to serve and feed over 500 cadets and afterward clean all the dishes, do the general cleaning, and keep in mind all the stuff like food planning. Although there are many stressful times dealing with students, they still love the cadets. Mrs. Green said, “Without you guys, we don’t have a job...By the end of the year, we definitely love you kids more when we get to know your personalities.”

Some difficulties they have to deal with are any new changes, food shipments, money, and sometimes even the cadets. Mrs. Green commented, “My most difficult challenge will be money and food chain supply and getting enough food for

...and always smiling

The fabulous and fantastic queens of culinary cuisine share their love and smiles. From left, Ms. Mya Balli, Mrs. Tonya Green, and Ms. Sam Frazier appropriately pose in tropical surroundings. The kitchen is always very warm, but not always comfortable.

school.”

The biggest change this year so far has been the blue lunch cards. This hasn’t been the easiest for them. Mrs. Green states, “Once the bell rings our only goal is to get the kids through their line.” The lunch cards definitely don’t help very much with that goal. But with the cadets learning how to respect the lunch room, it undoubtedly helps with the flow of things.

Mrs. Green recognized “High schoolers go through a stage where they start to respect their space. Not only their space, but the space around them.” In the end, cadets have a big role in how lunch plays out. So let’s try to be our best!



Top left, Cpt. Curtis poses as Captain America. Top right, cadets of Latinos In Action dance to a Salsa while promoting their group. Far left, Sgt. Jimenez gearing up to climb the rockwall. Left, SBOs L. Troke and L. Dabbling sell concessions. Below left, Cadet Rangers show off their hardware in front of the rope bridge. Below right, SBO President K. Morris poses before getting dunked.



Back To School Night a Big Splash!

JROTC NEWSLINE

by Cadet B. Kaur, L. PHan, J. Piper, and A. Workman

SERVICE PROJECTS

We have some excellent service project opportunities that our Service Officer Cadet Major K. Morris is providing. Make sure to take advantage of our service opportunities and get your service hours in before promotion season rolls around!!
Service Project: September 17th, Museum Cleaning 10am to 5pm. More details to come.

PROMOTIONS

Promotion ceremonies are every term throughout the UMA year and they take place on Wednesdays in Formation. The ceremony is a great sight to see how much excellent talent and dedication we have in UMA cadets. To promote, you'll need five hours of service, and no more than one F on your quarterly grades. For positions E1-E6, you'll need a minimum of a 2.0 GPA. If you're eyeing positions E7-E9, make sure you have at least a 2.5 GPA. Officer positions require a 3.0 GPA minimum, and you must be passing your JROTC class with a C or higher. Parents are more than welcome to join in the ceremony to pin the ranks on their cadets. Further details will be given out.

DRILL

Congratulations to our official Color Guard Commander Cadet Captain A. Mayabb and Deputy Commander TSgt G. Gray. The Drill team Commanders have carefully hand selected the best talent in UMA and has announced their official team members. They are now going to practice hard as a team to be a family and have a winning team this year!!

RANGERS

Rangers Team had their HELL WEEK during August and cadets have been working hard on that. Commander Cadet Major C. Johnson and Deputy Cadet Captain W. McCoy have been hard at work to train and prepare for tryouts and pick the best rangers out there!! Also, rumor has it that Rangers will be creating a girls' squad soon! Woot!

ACADEMIC TEAM

Our Academic team is ready to recruit cadets into the team. The team will train and participate in postal, local, and national academic competitions. Topics could include ASVAB, History, Math, ACT prep, leadership, etc. They meet every Wednesday to prepare together and to be the best they can be. Contact SMSgt Seipert for more information.

MARKSMANSHIP

The Marksmanship competition season is coming up and practices have begun! They are looking for members and would love for more cadets to come out and join them. It is a very fun team time, yet it also demonstrates various skills. Marksmanship goes on Monday through Friday up in the range and starts right after school. Anyone who is interested should talk to Maj. Workman or Coach Castle.

ARCHERY

Archery is both a class and a Team Time class run by Coach Sage. State Nationals (NASP) will be taking place during the months of February and March. There will possibly be a Western Regionals this year during April and May. If you want to do archery and are unable to attend the Team Time and unable to get in the class, there's a program for cadets called the JOAD (A junior archery team for ages 8-18) that meets at Weber's "Backu Center". If interested, it's at 2840 F Avenue, Ogden Utah.

HONOR GUARD

Honor Guard is an extracurricular cadet led activity in which any cadet of UMA with good academics may participate in. UMA's Honor Guard is a great way for cadets to learn leadership skills and do drill. Honor Guard at UMA meets on Mondays and Wednesdays after school for practice, and is led by Nathaniel Innocenzi. Please come out and be a part of the amazing Honor Guard team. For any questions please talk to Cadet Major N. Innocenzi or SMSGT Jimenez.

COACH MARK SAGE: TARGETING EXCELLENCE

by Cadet A. Workman

Coach Mark Sage is the long-time archery coach of UMA. When he started doing archery, he was in the fifth-sixth grade in Boy Scouts. When he graduated though, he stopped shooting. While hunting in 1980, he refound his spark with a crossbow. which was short-lived. One day though, he was at a Renaissance Fair and there was an Archery Booth and he renewed his passion for the bow. When he arrived in Utah in 2002, he joined the Hill AF Archery Club. Soon after, he earned his Level 1 Archery Instruction. In 2010, he earned his Level 2 Instruction, and in 2013 his Level 3 Instruction. Fun fact, the next level that he could earn would be Olympic level!

Since then, he's been coaching archery for about twenty years. He's shot in local competitions, including an event from four years ago; he was part



of the USA Archery team. At the first World Master Archery competition in Sweden, he shot for the 60-90 category and did well.

If there's one thing that Coach Sage loves more than archery, it's his students. He loves the way the students' eyes light up when they hit the bullseye for the first time. He loves working with the cadets to overcome their challenges. He loves seeing them at the annual competitions doing their absolute best. He's a great mentor to his cadets and is excited to pass on his skills for the next generations. He's sure going to be excited for the NASP, where his cadets will compete in February and March.

Did you know that about 200 cadets had signed up for archery this year? Only about 50 students were accepted though, and some cadets can't do the designated team time after school. For those cadets who were shut out, there are some alternatives! Cadets can shoot with the Junior Archery Team(JOAD). All that is needed is a Genesis Bow, a target, and a passion for archery!



Coach Sage tells a dad joke during class at the range.



Above top, the Honor Guard presents the colors at the Ukraine Bonspiel. The Military Awareness class discusses the arrival of the new SASI, Major Yoder. The Juliet flight gathers during Plebe Week. Finally, Cadet Cook cleans the trophy cases during service time during flight.

CHANGES TO CLASSES

by Cadet J. Williams

The changes made to classrooms create a smooth transition and comfortable learning environment for all staff and Cadets in UMA. One of the most recent rule changes includes monitoring tardies. Although UMA has had the tardy pass rule in the past, the school now requires cadets to sign in as they enter the classroom and are the responsibility of the class leaders.

The AFJROTC program has always made an effort to ensure that cadets are receiving as many leadership opportunities as possible. Although the role of class leader has always been around, class leaders now have a little more responsibility than checking uniforms. Initially, class leaders checked belts, recited the core values, seated the class and prepared cadets to exit the classroom. Now they assist the teacher when asked, oversee the class when a teacher steps out, and monitor tardy students. Although there are not many new changes to the classroom, it's always important to stay updated on the latest procedures.

A DISCUSSION OF ACADEMICS

by Cadet K. Santiago

Academics and education are big parts of schools, but how are they in Utah Military Academy? Well, according to cadets, there were positives and negatives. Cadet Tooba Fahim (12th), said “I think it’s good.” when asked the question what she thought of the school’s academics. On the other hand, Cadet Victor Segruinot (11th) responded with, “They’re bad. I’ve seen the school’s grades.” From most of the interviews with the highschoolers, they did not have a positive outlook. Although Cadet Dakota Jackson’s (10th) thoughts on the school’s academia might not be the best, he said “Well with the teachers I have, I’m looking forward to learning, because they’re better than the teachers last year and there’s more engagement.” The predictions for 2022 - 2023 are looking good based on Cadet Quinn Rodeffer (9th), he thinks that it will be looking pretty good. Cadet Dareline Martinez (10th) says, “Maybe we’ll look better.” Based on these interviews, we as a school, need to get our grades higher and encourage others to succeed.

NEW CLASS AT UMA

Introducing Latinos in Action

by Cadet J. Williams

As Utah Military Academy (UMA) continues to grow and become more diverse, our administration is constantly working on new ways to improve our level of education. At times, it may seem as if the administration is just making up new rules, but they have added some classes that are very eye opening.

As one of UMA’s newest classes, Latinos in Action (LIA) seems to be the most popular among most students. Although the name, Latinos in Action, does give the impression that this class is just for latino students, many other demographics could imply otherwise. As a class that welcomes all, Latinos in Action is actually a great contribution to our community, state and nation.

While LIA is fairly new to our school, the program has been around in other schools across the country. This program offers an opportunity to volunteer and help our community in a family friendly way, all while offering scholarships to most of the students in this class.

When asked to describe LIA a cadet currently enrolled in the class commented “Latinos in Action isn’t just a class but its a program that provides us opportunities to do volunteer work to those who need help. This mainly includes elementary kids who need help with reading/writing skills. Not only do we tutor elementary students but we also host events to raise awareness about LIA to get people involved.”

With all this being said, LIA is a great program to join if your looking to get involved in your community.



Specialist Sharkey stops by the Latinos in Action booth during Back to School Night.

IMPORTANT NEWS! YEARBOOK PICTURES

Bell Photography will be taking yearbook photos on Wednesday, 14 September. This is a blue uniform day.

Please help us by making sure your cadet looks sharp with haircuts, shaves, and hairdos that day. Cadets that are out of regulation will not be allowed to get their pictures taken! We will be scheduling photos by grade. We will also have a make-up day that will be scheduled later in the year.

Photos will be available for purchase directly through Bell. There will be a flyer with the information sent home before that day. If your cadet is online only, please have them come get their photo taken first thing in the morning! We can loan them a Blues Shirt! Please have their hair following protocol.

Seniors must be in service coats. All other grades will not be allowed to wear their jackets or service coats.

JOIN SPEECH & DEBATE!

The Utah Military Academy Speech and Debate team practices every Thursday during Team Time. The team is ran by juniors Mikey Storm and Mallorie Andersen. Ask Mrs. McNeely for details in Room 204.

ELKS SCHOLARSHIP!

Most Valuable Student (MVS) Contest: The 2023 MVS application is now open. Applications can be found online at enf.elks.org/MVS. The application deadline is **November 14, 2022.**

- a. The Elks National Foundation (ENF) awards 500 four-year scholarships based on academics, leadership, and financial need. National awards range from \$1,000 per year to \$12,500 per year. The national awards will be announced in April 2023.
- b. MVS scholarships are for students pursuing a four-year degree on a full-time basis (minimum of 12 semester hours), at a U.S. college or university next school year. Some important applicant details include:
 - i. Current high school seniors (or equivalent) who are citizens of the United States are eligible to apply.
 - ii. Applicants do not have to be related to a member of the Elks.
 - iii. Male and female students compete separately.

c. Applicants select from a list of the Lodges closest to their home address zip code. Please have your students choose Golden Spike Lodge #719 as their sponsoring Lodge.

Complete details can be found at: enf.elks.org/MVS

TEAM TIME SCHEDULE FOR 22-23

by Cadet E. Adame (*Borrowed from Mjr. Workman*)

UMA offers many extra-curricular activities for you to be involved with. Below is the schedule that Major Workman has compiled so far. Remember, Team Times start right after school at 1515 and end at 1630. If you are not attending a Team Time, you are required to leave the building. We would love to see you involved in something!

TEAM Time					
Monday	Tuesday	Wednesday	Thursday	Friday	Notes
Archery/Range (Sage)	Archery/Range (Sage)	Archery/Range (Sage)	Archery/Range (Sage)		Legislative Internship Classes- Dec for Select Cadets TBD as required
	Rangers TEAM Time (Sharkey)		Rangers TEAM Time (Sharkey)		
Marksmanship Range, Maj. Workman	Marksmanship Range, Maj. Workman	Marksmanship Range, Maj. Workman	Marksmanship Range, Maj. Workman	Marksmanship Range, Maj. Workman	
Boys Scouts (Mr. Chapman) R101	Drama Club (CPT Curtis and Mr Storm) Rm 107		Moirie Club (CPT Curtis R101) *See notes		*(PG13+ Requires permission)
HAM Radio (Mr Mamanakis) rm 116	Chess Club (Wiegmann) Library	Chess Club (Wiegmann) Library	Studio Thunderbird- Mr Pickett rm 105		
	Academic Team (SMSgt Wass) Rm209	Cyber Patriot (Mr. Storm R107)	E-Sports Club, R107)		
Martial Arts (MMA) Cafeteria		Martial Arts (MMA) Cafeteria	Art Club/Open Art, Photography, Videography, Graphic Design (Mrs. Carter/ Dr Stewart)- R123)		
	Weightlifting (TBD) Weight Rm	Weightlifing (TBD) Weight Rm	Weightlifting (TBD) Weight Rm		Fishing Club Dr Stewart- online setting up various dates
	Table Tennis/Ping-Pong Club (Dr Stewart) Cafeteria	JROTC PT SMSgt Seipert 206	JR and HS Debate Team Practice (Mrs. McNeely and Mr. Storm R204)		
	Study Hall- Lt Col Carlisi Rm 208	Military Awareness (CAP Lt. Col Carlisi- R-208)	Military Awareness (CAP Lt. Col Carlisi- R-208)		
	Learn to Bake Mrs Tweeten/ Mr Cottrell Cafeteria/Kitchen	National Honor Society- Mrs McCutchan- rm119	Learn to Bake Mrs Tweeten/Mr Cottrell Cafeteria/Kitchen		
	Spirit Club (?)	Comic Book Club (Mr Colton)	Manga/Anime Club (Mr Colton)		
Honor Guard (MSgt Jimenez)		Honor Guard (MSgt Jimenez)			
	Guitar Club (Mrs Carlisi) rm 119	Jr National Honor Society Mrs Carlisi	Air Soft Mr Clark rm102		
	Dungeons and Dragons (Mr. Dockter)R203		Dungeons and Dragons (Mr. Dockter)R203		
			Electric Guitar - Mr Neves Rm 201		

Thunderbird Afterschool Study Halls					
Monday	Tuesday	Wednesday	Thursday	Friday	Notes
	Math Study Hall (Miss Pond) Rm111	Math Study Hall (Miss Pond) Rm111	Math Study Hall (Miss Pond) Rm116		
	Study Hall- Carlisi Rm 208		AP Study Hall Mrs McCutchan Rm119		
	English- (Mrs McNealy) Rm 204	English (Mr. Dockter) R203			
	Science Study Hall- Mrs McCutchan rm119				
	JR HS Math Study Hall Mrs Krueger rm110				
	Credit Recovery Study Hall Mrs Harris	Credit Recovery Study Hall Mrs Harris			

Other Thunderbird Afterschool and Evening TEAM Activities					
Monday	Tuesday	Wednesday	Thursday	Friday	Notes
Driver's Ed- Online	Driver's Ed- Online	Driver's Ed- Online	Driver s Ed- Online		Schedule Permit Testing and JRTOC Logistics will be open Tuesday, Thursday after school for uniform items. Dry cleaning can be picked up Tuesday.
		Weber Co. Law Enforcement Explorers (Wed 2 X /Month, 6-8pm) Weber Co. Sheriff's Office			
Boys Scouts UMA Troop 719 6-8pm					Naval Sea Cadets (1 weekend / Month
	Civil Air Patrol (1830- 2100)				Medical Explorers - McKay Dee

TEAM Time					
Monday	Tuesday	Wednesday	Thursday	Friday	Notes
Traditional Thunderbird Afterschool Sports Activities					
Aug-Oct	Oct-Feb	Nov-Feb	March- May	Notes	
Baseball: (Coach: Summers) Volleyball Girls (HS, Williams), JH VB (Sharkey) Volleyball Boys (Daw) Cross Country (Greer Wolfert) HS Girl's Soccer (Lopez) Jr HS Girl's Soccer (no team)	HS and JH Bowling Practice on Mondays, Games on Wednesday (Mr Dickamore) Spartime, Roy	HS and JH Wrestling () Basketball Girls (Basketball Boys (S Daniels) (Girl's Jr HS team will start in Feb) ()	HS and JH Track (Greer) JH Baseball (Summers) HS Boy's Soccer (Lopez) JH Boy's Soccer () Girl's Softball () Boys Lacrosse ()	Sport Practices will be dependent on season Most will start at 3:20pm but may last longer than 1630. Check with coaches.	
				Tennis and other non traditional sports will be driven by cadets interest and support of parents.	
				See Instructors for Debate and Music competition Schedules	



Right, Cadet Benjamin Lloyd plays in-field on third base at away game against APA-Draper. (8-4)
Left, Cadet B. Lloyd strides home after his second home run against our sister team UMA-CW. (15-6)

Home Run! Lloyd Swings for Fence

by Cadet J. J. Welch

There is only one cadet on the baseball team that has hit a home run this season. Cadet Lloyd is a member of our very own baseball team, and he has received some level of praise for his skills in the batter’s box.

Cadet Lloyd is excited about the upcoming season. “The first couple of innings we didn’t do so great, but we started killing it.” Cadet Lloyd says about the last game. The Thunderbirds won 13 to 6. With outstanding performances from the team, they are sure to win many more.

The baseball team has played a couple of games so far this season, one of which Cadet Lloyd hit a home run. “It feels pretty good,” Cadet Lloyd said, when asked about his home run. “I do think that

we have a relatively new team, but we’re improving.” He thinks that the team should continue to improve in every area. He believes that everyone will be capable of hitting a home run by the end of the season.

Cadet Lloyd enjoys being on the amazing baseball team. “My favorite part is creating memories with the team,” he said. “You get to make close friendships with the other players, and winning with them is even better.” Cadet Lloyd says that being on the team has changed him for the better. He says it has made him more athletic and has improved his leadership skills. “You should definitely join. We are a bit short on players so you would get to play and practice is fun.” Cadet Lloyd says, inspiring interested players to join the team. He claims that after some games they have a barbecue, another reason to join. Make sure you come out and support your very own baseball team, don’t forget to cheer Cadet Lloyd on!



Above, the baseball team hides from the rain in the dugout, after their 15-6 win against UMA-CW. Right, players talk to Coach ????



LUNCH SCHEDULE - BE POLITE TO YOUR SERVERS!

by Mrs. T. Green, Food Service Director

2022 September						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
29	30	31	01 Rib patty Sandwich, Potato salad, Baked Beans Peaches, Scooby Snacks	02 Hamburger, Tom/lettuce/pickles Ranch potatoes, Mixed Fruit, Sun Chips	03	04
05 NO SCHOOL	06 Chicken/Cheese Quesadilla, Salsa Rice, Corn, Mx fruit, Churro	07 Crispy Chicken, lettuce, tom, pickles, Fries, Oranges, Chips	08 Pizza Cheese or Pep Carrot Sticks, Pineapple, yogurt	09 Corn dog, Corn on Cob, Peaches, Tater Tots, Chex Mix	10	11
12 Cheese Ravoli, GBread, Salad, Mixed Veggies, Cinnamon Apples	13 Taco bag/Meat Lettuce, Tom, Cheese, Corn, Apples, Doritos	14 Orange Chicken, Confetti Rice, Eggroll, Oranges, Broccoli, Cookie	15 Sloppy Joe, Green beans, Oranges, Carrot Sticks, Chex Mix	16 Hot Dog, Ranch Potatoes, Mixed Fruit, Scooby Snacks	17	18
19 Pulled pork, potato salad, baked beans, Mixed Fruit	20 Crispitos, Corn, Spicy Beans, Oranges, Doritos	21 RoastBeef/swiss sub, curly fries mixed fruit, scooby Snacks	22 French Bread pizza, Carrot/celery Sticks, Pineapple, Brownie	23 Hamburger, Tomato lettuce, pickles, Tater tots, Mx Fruit, Chips	24	25
26 Meatball/cheese marinara sub, Green beans, peaches, Chex mx	27 Bean and Cheese Burrito, Salsa Rice, Corn, Peaches, Doritos	28 Popcorn Chicken, Mac&Cheese,Peas, Applesauce,Gfish	29 Chicken tenders, Mashed Potatoes gravy, Roll, Applesauce	30 French Toast stx, Sausage patty, yogurt Hashbrown, Banana	01	02
03	04	Notes: Choice of lowfat white, chocolate or strawberry milk is offered daily. Full salad bar is available daily. Menu is subject to change depending on availability. Lunch applications can be found at www.utahmilitaryacademy.org . This institution is an equal opportunity provider.				

UMA FALL ATHLETICS UPDATES

by Cadet H. Martinez-Ramirez

Here is the latest information regarding UMA Fall Sports Teams, from the players and coaches.

High School Baseball - Coach Mark Summers

The Baseball Team has been in the spotlight at UMA for the past couple of weeks and will be for the next couple of weeks. There have been more baseball games than any other sport so far, and there has never been such excitement from the team.

Coach Summers has great expectations for the baseball season. “We want to make the play-offs, finish in the top half of the league, and develop a program that allows us to compete every year.” Coach Summers says. While our baseball team has preformed well in the past, Coach Summers hopes that the team will “outperform expectations.” He says that they are developing more pitchers, everybody on the team will get a chance to pitch. He loves to watch his team learn and improve. They have won six out of seven games they have played so far this season and will win many more.

Coach Summers says that there is room for five more players. Interested players are encouraged to come to practice and participate if they wish or just watch. Coach Summers loves when players make bonds with each other. He encourages you to come support the team whether that’s joining the team or supporting them at games. If you do decide to join, make sure you don’t lose any baseballs or you’ll have Coach Summers coming after you!

Girls Volleyball - Coach Dan Peters

Coach Dan Peters and assistant Crystal Peters will be in charge of the Girls High School Volleyball team.

Boys Volleyball - Coach Daw and Coach Rusti will be holding practices Monday through Thursday from 1530 to 1700. Tryouts were August 22nd and 23rd. Contact Coach Daw if you are still interested.

JH Girls Volleyball - Coach Skarkey and assistant Mikalay Faulkner will be coaching the Girls Junior High Volleyball team. They could use more girls 7th-9th grade. If you’re interested, please talk to Specialist Skarkey. No experience required to join the team.

Boys/Girls Cross Country - Coach Greer holds practices Monday through Thursdays from 1530 to 1645. Cross Country is a Junior and High School sport. Coach Greer encourages you to come join the team.

Girls Soccer - Coach Nick Lopez is the coach for Girls Soccer. He says that “Nothing is given, everything is earned.” He will be pushing the girls in the team to their full potential. Practices are Monday through Thursday starting at 1530 at Golden Spike Park. Interested cadets are encouraged to come and watch the team practice.

Athletics - Cadets that are playing in Fall Sports the fees are now due. Please make arrangements to get those paid. The fall sports are: High School Boys Volleyball, High School Girls Volleyball, Baseball, High School Cross Country, Junior High Cross Country, High School Girls Soccer. You are able to pay the fees on the UMA website or in the front office. A list of fees is provided at the following link:
<https://vahara-o2-public.s3.amazonaws.com/media/99996/2022-2023-Athletic-Fee-Schedule.pdf>



Coach Lopez gives instructions while the girls soccer team shades from the 100 degree heat.

MONTHLY

A NEW CHAPTER IN THUNDERBIRD HISTORY BEGINS !!!

UMA
APPROVED



WELCOME TO
THE NEW
SECTION OF
UMA
NEWSPAPER.
FOR MORE
INFO GO TO
CADET
MCROBERTS

SEPTEMBER
2022

**STUDIO
THUNDERBIRD**

**THE SENIOR
PROJECT IS NOW
IN
DEVELOPMENT!!!**

NOTE: STUDIO THUNDERBIRD WILL START
SERIALIZATION OF ITS PROJECTS IN THE
NOVEMBER ISSUE OF THE UMA NEWS PAGE.

PLEASE LOOK FORWARD TO IT!!

STUDIO THUNDERBIRD TEAM

ENTERTAINMENT SECTION - Enjoy!

OPINION and ADVICE

Culinary Corner

Dear Einstein: Academic Advice

Dear Einstein,
I am struggling with finishing my homework before it is due in class. Please, give me some advice on how I could work on getting my work in on time.
Signed, Struggles in Syracuse.

Dear Struggles,
In better situations, teachers will often say “I do not give you homework, unless you do not finish it in class.” In most cases, that is good. Most teachers do not give homework intentionally. Cadets should be able to finish the work that is handed to them in class. This is only accomplished if they use the time given to them wisely and effectively. If a cadet talks or does not begin the assignment immediately, the cadet will fall behind.

Inevitably, cadets are not going to be able to complete all of the assigned work inside of the class everytime. In such a case, switching/having a study hall class, would help complete some of said work. If not possible, as soon as the cadet gets home, they should sit down and complete the work. If they are doing sports, talk to your coaches, because in all cases, school is more of a priority then after school activities and sports. It is just a matter of time management and doing the work before leisure activities.

Dear Einstein,
I am struggling with catching up from my previous high school years. I am a senior trying to get the credits in order to graduate.
Signed, Fearful

Dear Fearful,
To graduate from high school, cadets need to make sure that they have all the required credits. The first step is to immediately talk to a guidance counselor about what credits need to be earned. If you have not accomplished enough credits, you need to retake those credits through course work or credit recovery. Reorganizing your schedule make help this process.

As an underclassmen, to avoid this issue, cadets should assure that for their freshman, sophomore, and junior years, that they should be taking and passing the required amount of credits. This might ensure that by their senior year, they are in a position to graduate and go on to bigger and better things.

Dear Umi No Itall, Life Coach

Dear Umi,
I am writing to you because I like someone, but this other person is trying to get with me. What should I do?
Anonymuse

Dear Anonymuse,
If I was in your shoes, I would stay liking the same person. You should probably tell the other person you’re not interest-ed. It’s better to let them know now than later.

Dear Umi,
I like this person but they have a partner already. Should I keep liking them or just move on?
Unknown

Dear Unknown,
You should probably stop liking them. Liking someone who’s already in a relationship is probably a waste of time. Look for someone else, there’s plenty of fish in the sea.


Dear Umi,
I have a boyfriend but we live in different states. I feel like sometimes our relationship isn’t working out. Should I break up with him?
Clueless

Dear Clueless,
I definitely think that you should try to work it out before you make a decision, especially if you plan on breaking up. It’s always better to talk it out instead of taking action and regretting it in the future. Also remember, long distance relationships are hard. But if you work together and plan to meet on social media regularly, it can work.

MOVIE REVIEW: Bullet Train

by Cadet K. Sanchez

Brad Pitt’s new movie, “The Bullet Train” is a wild ride across Japan, starting in Tokyo and ending in Morioka. It’s a fun movie to watch if you’re into comedy movies, just know that it is rated R. The three plots of the movie are definitely interesting. As one plot tries to be accomplished, another one interferes. The characters are all trying to accomplish one goal. The amazing cast includes Brad Pitt, of course, Aaron Taylor Johnson, Joey King, Micheal Shannon, Andrew Koji, Brian Tyree Henry, and many more, including world star Bad Bunny.



LICENSE PLATES

Take a spin around this diagram and locate all of these number-letter License Plates.

printed from Penny Press On the Go Word Seek May 2022

<input type="checkbox"/> CL9XX	<input type="checkbox"/> M9TRZ
<input type="checkbox"/> 265UM	<input type="checkbox"/> PH8N7
<input type="checkbox"/> 2XGQ8	<input type="checkbox"/> DM8TK
<input type="checkbox"/> 4H4EQ	<input type="checkbox"/> DNE6C
<input type="checkbox"/> 4ZCVW	<input type="checkbox"/> ERNH5
<input type="checkbox"/> 6G89D	<input type="checkbox"/> EW367
<input type="checkbox"/> 7D4LH	<input type="checkbox"/> EYE32
<input type="checkbox"/> 8XW5H	<input type="checkbox"/> G67LK
<input type="checkbox"/> 94MW6	<input type="checkbox"/> GZU6S
<input type="checkbox"/> BRPY3	<input type="checkbox"/> JCZC2
<input type="checkbox"/> CDG2X	<input type="checkbox"/> JVN88
<input type="checkbox"/> LHL26	<input type="checkbox"/> ZGA2L
<input type="checkbox"/>	<input type="checkbox"/> Y8BUQ
<input type="checkbox"/>	<input type="checkbox"/> Y9LU8
<input type="checkbox"/>	<input type="checkbox"/> ZJ4EZ
<input type="checkbox"/>	<input type="checkbox"/> ZNH4Y

by Cadet K. Sanchez

B	2	C	Z	C	J	T	Q	8	U	E	4	K	K
X	R	X	P	V	C	G	4	U	U	S	R	U	2
M	6	P	N	N	6	R	G	L	4	N	2	3	Z
8	U	8	Y	7	E	E	7	9	H	U	E	Q	R
Z	8	5	L	3	N	R	D	Y	4	Y	5	N	T
V	J	K	6	N	D`	N	4	D	E	W	5	J	9
V	W	4	6	2	L	H	L	8	Q	G	X	2	M
X	Q	R	E	E	N	5	H	P	6	G	8	9	D
X	P	U	4	Z	C	V	W	H	7	9	R	7	S
9	C	6	B	H	5	W	X	8	L	6	D	S	X
L	4	D	M	8	T	K	L	N	W	2	3	6	9
C	4	M	G	9	Y	6	N	7	P	3	A	W	J
3	H	6	W	2	U	T	T	7	U	V	W	G	E
Q	S	W	P	6	X	D	G	Z	U	6	S	6	Z

UMA Sodoku

by Cadet L. Wright

6		3					2	9
	4		6	7			8	
					5		4	
	9		4			6	1	
5				6				4
	2	6			9		3	
	6		3					
	3			8	6		5	
9	7					3		8

			3		9	2		8	
9				6			2		
									1
	2	1		5	6				4
4				2		7			3
7					3	4	5	9	
6									
		9				1			8
	1			7	5		3		

by Cadet C. Zollinger

CINNAMON ROLL COOKIES from **purewow.net**
Ingredients
Dough:
14 tablespoons (1 ¼ sticks) unsalted butter, room temperature
¾ cup granulated sugar
1 large egg
1 teaspoon pure vanilla extract or vanilla paste
2¼ cups all-purpose flour
1 teaspoon kosher salt
½ teaspoon baking powder
¼ teaspoon baking soda
Cinnamon filing:
4 tablespoons unsalted butter
½ cup dark brown sugar
1 tablespoon ground cinnamon
¼ teaspoon kosher salt
¼ cup all-purpose flour
Cream cheese glaze:
2 tablespoons cream cheese, at room temperature
2 tablespoons water
1 tablespoon unsalted butter, at room temperature
1 teaspoon pure vanilla extract or vanilla paste
1 cup confectioners’ sugar
Pinch of kosher salt
Directions
1. MAKE THE DOUGH: In the bowl of a stand mixer fitted with the paddle attachment, cream the butter with the sugar on medium-high speed until light and fluffy, about 5 minutes. Add the egg and vanilla, and mix to combine.
2. In a large bowl, whisk together the flour, salt, baking powder and baking soda. Add the dry ingredients to the butter mixture, and mix on low speed just until a dough forms, scraping down the side of the bowl to incorporate any dry pockets.
3. Line a work surface with parchment paper, then dump out the dough and pat it into a rectangle about 12 inches long by 9 inches wide. Set aside while you make the filling.
4. MAKE THE FILLING: In a small saucepan over medium heat, brown the butter until golden and fragrant, swirling frequently so it doesn’t burn. Immediately remove from the heat, and stir in the brown sugar, cinnamon, salt and flour. It should be the consistency of a thick paste.
5. Using an offset spatula, spread the filling onto the dough into an even layer. Using the parchment to help you and starting with the long edge closest to you, begin rolling the dough into a tight spiral. Wrap the log of dough in plastic wrap, and chill in the fridge for 1 hour.
6. Preheat the oven to 350°F and line two baking sheets with parchment paper. When the dough is chilled, unwrap it onto a cutting board. Using a sharp chef’s knife, slice the dough into ¼-inch rounds. Transfer the cookies to the baking sheets, spaced about 1½ inches apart (you should be able to fit 12 cookies on one baking sheet). Transfer to the oven and bake until the cookies are just golden at the edges, 10 to 12 minutes, rotating the baking sheets halfway through. Transfer to a cookie rack to cool completely and repeat with the remaining cookies.
7. MAKE THE GLAZE: While the cookies are cooling, whisk together the cream cheese, water, butter, and vanilla extract in a small bowl until combined. Add the confectioners’ sugar and salt, and whisk into a thick but drizzle-able glaze.
8. When the cookies are completely cool, drizzle each with a little bit of the glaze using a spoon. The cookies are best enjoyed the same day, but will keep in an airtight container for up to 5 days.

Joke Corner

by Cadet C. Zollinger

What do sloths like to read?
Snooze-papers

Why does the world have so much candy?
Because there is a sucker born every minute

What do you call a crying sister?
A cry-sis

What are twins’ favorite fruit?
Pairs

Knock Knock?
Who’s there?
Kanga
Kanga-who?
Actually it’s kangaroo

Knock Knock?
Who’s there?
Ash!
Ash who?
Sounds like you have a cold

Knock Knock?
Who’s there?
Cow says!
Cow says who?
No silly cow says moo

Knock Knock?
Who’s there?
Ice cream!
Ice cream who?
Ice cream if you don’t let me in