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PREPARING THE NATION'S FINEST

UMA TODAY



The newly-formed all female White team cooperates at the Wildcat Challenge at the end of September. The White team placed fifth out of all the teams at the challenge.

OCTOBER 2022
The UMA Today staff would like to announce that they will be going to an online website format beginning in November. Stay tuned!

WOMAN OF STEEL: Miles of Milestones Over the Italian Mountains

by Cadet D. Jennings and A. Arana

Coach Greer has recently accomplished a very important milestone in her life by completing the Tor des Geants, a grueling endurance trail race of 205 miles. "It feels pretty amazing!" she exclaimed. Greer has been waiting to get into this unreal race for a few years. When she was finally invited, she was honored. "The countless hours of effort and training I put into it was worth it" Greer explained. This race took place all the way in Aosta Valley, Italy, where she would run an unreasonable 330 kilometers, with over 24,000 meters of elevation gain. Coach Greer would place second amongst American women, and 15th overall. "I feel so lucky to cross it off my bucket list" she said.

Coach Greer has many responsibilities at Utah Military Academy. She teaches junior high P.E, Fit For Life, Strength And Development, and also coaches cross country and track and field.

UMA was not the start of her fitness oriented career. Before coming to this school, Coach Greer was a ski instructor for twenty years working in various locations. She also worked at Weber School District as the cross country and track and field coach.

She says that working here isn't stressful, but she does find it frustrating at times. Respect is a really hard thing she works on. She explains "Listening can be a big problem with new, incoming cadets." Yet, she understands that they are still adjusting to military culture and a non-elementary school. "They are adjusting to no recess, lots of classes and teachers, and more homework," she explains. Some of the cadets help her out and help hold the cadets accountable to the standard.

"I think the core values that are taught at UMA are values that will benefit the cadets through their entire life." Coach Greer explains that the values that are implemented everyday before every class are amazing. She feels striving for these values will decide your daily behavior and your overall take on life.

She loves working with the cadets and is looking forward to the rest of the year!



LIFE-LONG DREAM

Mrs. Sylvia Greer conquers the mountain and her goal of finishing the Tors des Geants in Aosta Valley, Italy.



Student Entrepreneur is No Mystery

by Cadets T. Phillips and K. Payne

Senior Janna Pond started attending UMA their 7th grade year. When you see Janna's bright smile bouncing around our halls you know they are on a mission. They love creating and drawing characters and playing interactive games. They have not only turned this passion into a business opportunity, but also brought fun into our school. They created and host their game *Murder in the Mansion* which was hosted for the first time on Saturday the 17th of September. Janna started their journey with this game when they were young, with names on flashcards and a group of friends at a halloween party. Now they are waiting to present their ideas to the judges for the Wildcat MicroFund Program. The program offers Utah entrepreneurs up to \$3,000 in paid services such as printing and design, as well as legal services upon approval. We're rooting for them!

Role Playing without a Clue

To start the game, the players pick a character card at random. Some characters include two thieves, a librarian, a butler and a maid, and a police officer. A murderer is chosen randomly and anonymously, then all the players separate. Players with side quests try to perform their tasks while also avoiding the murderer. In every room lies a hidden weapon which only the murderer can use. There are hidden 'pocket knives' that civilians can pick up and use against other players.

Once the murderer is caught and killed, the game ends. If the murderer kills all but one player, the remaining player must find the last pocket knife before the killer does to win. When the last pocket knife is found, the game ends and the champion wins immunity from the first kill in the



Senior Janna Pond conducts the preparatory meeting of the Murder in the Mansion on Sept. 17th. They are working with the Small Business Association in Ogden to develop their product.

next game.

There is another fun version of the game referred to as "Infection". To play this version, one player is chosen anonymously to infect healthy players. Once a healthy player is infected, they become a zombie and can no longer run but must infect other players. If a healthy player can find the hidden antidote before everyone is infected, they can cure the zombies. Once the infector is cured OR all players are infected, the game is over!

Janna will be hosting the next game as a Halloween Edition on October 29th. Show up and show your support!



Honor Guard Cadets Nathaniel Innocenzi and Jonathan Kaisier prepare the Ukrainian flag during formation on Sept. 30th.

Honor Guard Receives Honor

On September 30, the Utah Military Academy Honor Guard was presented a Ukrainian flag and guideon to thank them for their participation in the Ogden Curling club's fundraiser in August. Al Dawman, the president of the Ogden Curling Culb and member, Mr. James Hill presented the flag during formation. The Honor Guard

presented the colors at a competition between the Ogden Curling Club and the Ukrainian National Curling Team. The event was held as a fundraiser, as a means for the Ukrainian team to train for the Olympics, and to bring awareness about the conflict in Ukraine and Europe.

JROTC NEWSLINE

by Cadets **B. Kaur, J. Piper and A. Workman**

SERVICE PROJECTS: Again this month, we have some service projects for cadets to show excellence and get their service hours to promote.

- October 4th, there is a service project in Farr West at the Fire station to help their Safety Open House where cadets will assist with setting up and directing traffic. Sign up sheets are on the JROTC board. Any questions or concerns talk to Cadet Major Morris or a JROTC instructor.

REMINDER: The term ends on Monday, October 24th. If you are looking for promotion, service projects are crucial, but it is also important to keep up on your grades.

DRILL: The Drill Team is doing a Drill Camp during November 2nd to November 5th. The Drill team will practice after school and will perform on Saturday to the Drill parents and anyone who is interested to come and watch.

RANGERS: The Ranger team had Orienteering Round 1 and placed 3rd!!! The Ranger team competes quite a lot this October. Their State competition is on September 30th at Camp Williams LRC. On October 8th, an Orientation competition takes place at Yellow Fork Canyon. Their final competition in October is Monster Mash on October 28th at Northridge. Come out and support our Ranger teams!!!!

MARKSMANSHIP: No updates currently with marksmanship, but they'd love some more cadets to participate. They are also waiting on newer rifles for a better experience.

ARCHERY: The archery team doesn't have updates for now. They're still practicing in hopes of winning the Junior High and High School state championships. The team meets everyday after school. There is a possibility for a competition on October 22nd, but it's not confirmed yet.

HONOR GUARD: Our Honor Guard team is going to Washington D.C. on November 11th! They have been chosen as the best Honor Guard in the state and this is an amazing opportunity for them! As for the new members, they are adjusting greatly and are doing a great job learning the ropes. Honor Guard practices every Monday and Wednesday on the drill pad; please come out and join them if interested!

DID YOU KNOW?

Did you know that Major Workman flew Tom Clancy, author of *The Hunt for Red October* on a tour of Washington D.C. that then landed at Andrews Air Force Base?



Mr. James Hill and Al Dawman of the Ogden Curling Club present a Ukrainian flag and guideon to the UMA Honor Guard.



HIGH SCHOOL CADET OF THE MONTH: The High School Cadet of the Month is Cadet Sarahi Echeverria. Cadet Echeverria has attended UMA since 2020, when she was a sophomore. She came to UMA in hopes of becoming a pilot. When asked about how she feels about being Cadet of the Month, Cadet Echeverria responded, "I'm flabbergasted. I had no idea and was astonished to find out I had even been nominated." Echeverria participates in many extracurricular activities including, Jazz and Advanced Band, DnD Club, and Civil Air Patrol. She is also the president of the High School Latinos in Action. If Cadet Echeverria could tell one thing to the entire school, she would say, "Unless you practice perfectly, practice makes a habit, not perfect."



JUNIOR HIGH CADET OF THE MONTH: The Junior High Cadet of the Month is Cadet Mario Seward. Cadet Seward has attended UMA since 2021, when he was a seventh grader. He came to UMA because his older brother Dante, attended UMA as well. Outside of school, Cadet Seward enjoys doing art and playing roblox with his brother. He also enjoys playing sports such as football and basketball, he dreams of being a sports announcer when he's older.

Ready, Aim, Fire for the Top!

by Cadet **A. Workman**

Marksmanship is an activity at UMA that many cadets know very little about, even though it has been a successful program for years.

Marksmanship is actually a gun-targeting activity. The actual rifles used for competition is a Crosman Challenger .117 pellet gun. It can actually shoot at 500 feet per second. There are days where you use the gun on a mat on the ground, aiming from a low vantage point, and others where you hoist the gun standing upright.

Marksmanship is coached by Maj. Workman, who loves coaching. Cadets can tell they have a good teacher because he is passionate about marksmanship.

One of marksmanship's returning members, Cadet Dalley, quotes, "Hard work beats practice." She is one ambitious cadet, with the intention to win this year. Yet, she doesn't do it all for the win. Dalley actually finds it calming and fun. It is something to take her mind off of stress and school.

If you are interested in trying marksmanship this year, please see Major Workman soon. Be a part of one of UMA's best programs!



Major Kit Workman offers a tremendous amount of experience, compassion, expectation and guidance for cadets.

OCTOBER BIRTHDAYS 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Arzate Cristian
2 Allman Michael Alexander Trevor	3 Arana Adrianna	4 Jones Jessie Rennie Eilish	5 Arana Rosemary Lucero Valerie Doxy Madison	6 Leaverton Meredith	7 Alexander Jordan	8 Turley Tyler Weyburn Eliza Hebert Matthew
9 Dursteler Carter Dursteler Caleb	10	11	12 Seward Mario Hernandez Maria	13	14 Price Chase	15 Gonzalez Cherrlin
16 Christensen Aidan Ducote Westin Brown Amaya Larsen Malaya	17 Innocenzi Nathaniel	18 Sanchez Jayse	19 Gronau Adrianna Mcroberts Henry Gronau Amarisa	20	21	22 Ure Tavish
23 Beltran Nevaeh	24	25	26 Gruwell Rebecca	27	28 Byram Calin	29
30	31 William's Brenna					

UMA FALL ATHLETICS UPDATES

by Cadet J. J. Welch

HS BASEBALL: The baseball season ended last month, and our team put forth a large amount of effort. Our team came in fifth in the region, winning the majority of our home games. Mr. Summers says, “We started out strong but had some injuries and hit a slump to end the season. Despite the early exit from the playoffs, every player was better at the end than they were at the beginning. Next year we’ll be more experienced, stronger, faster, and ready to make an impact in our division.” Let’s wish them the best of luck for next season.

BOYS VOLLEYBALL: Coach Daw and Coach Rusti are “excited to work with all the boys.” Coach Daw says, “we have a great group of boys who show up to practice and strive to be better every day. They work hard as a team and are having fun! We have done some amazing plays at games and are improving with every practice and game. I hope all the boys who can will come back next year and continue to grow their skills along with any new kids who want to learn and work hard.” The games this month are as follows: a home game vs. Spectrum Academy on the 5th, a home game vs. DaVinci Academy on the 7th, an away game vs. Real Salt Lake Academy on the 12th, and away game vs. Freedom Prep Academy on the 19th, all of the games are from 4 to 5.

JH GIRLS VOLLEYBALL: Coach Sharkey claims, “We are currently doing well this season, ... culturally and physically. We are getting very close to winning, as our points average has increased from 4 points a game to 12 in several weeks.” Their games this month are: a home game vs. Quest Academy on the 3rd, an away game vs. Highland on the 7th, a home game vs. OPA on the 17th, and an away game vs. Highmark on the 5th. All games are from 4:15 to 5:15, except the away game vs. Highland, which is 3:30 to 4:30.

GIRLS VOLLEYBALL: Bump, set, spike! The high school girls volleyball team started having games this September. Despite losing their first few games, they beat Camp Williams three to nothing! They had a few more close games, and again beat Camp Williams. Team Captain Anessa Brady stated “if you want my honest opinion, we’re doing really well. We’re doing ten times better than last year.” Team Captain Elizabeth McClain, and Mallorie Anderson wholeheartedly agree. “We’ve improved a lot from last year, and we do plan on winning a few games...” says Anderson. Brady also stated that they have been facing all of the really good teams, and McClain added that they plan on winning lots of games in the future. They have a game on the 29th, against American Prep. The rest are in October. They are on the fourth, against APA Draper, the sixth, against St. Joes, and the twelfth, against Waterford. That will be the end of the regular season. Go support the Girls Varsity Volleyball team!

JH/HS CROSS COUNTRY - Junior High has a track meet at Mountford Park on October 6, from 4:15 to 5:15. High school meets at Skyline Mountain Resort on the 5th for the Sanpete Classic XC, a challenging 3.0 mile run over the hills and fairways of the resort, from 4 to 5.

GIRLS SOCCER - Girls soccer have their final game this month, which is also their senior night, and it is a home game vs. APA-West Valley on the 6th, from 4 to 5. They also may have playoffs soon after, but the date for those are currently undetermined.

FROM THE ATHLETIC DIRECTOR: Let us be sure to go out and support our teams who are going out of their way to represent our school, and the core values we stand for. Go Thunderbirds!

SPOTLIGHT ON ATHLETES: KATE SANTIAGO

by Cadet E. Adame



Above, varsity volleyball player, Kate Santiago and her teammates listen to the instruction given by the volleyball coaching staff.

The UMA Varsity Girls Volleyball team has performed exceptionally so far this season. Cadet Kate Santiago is a member of the team and would love to share her experiences with you.

Cadet Kate Santiago has a great outlook for the volleyball season and would love to see the team “dominate the playoffs.” Cadet Santiago explains, “Our team is already really good and we are just excited to be playing again.” She looks forward to creating bonds with her fellow teammates on the bus ride to and from games. Cadet Santiago claims that the team could improve on their approach to hit the ball. “Personally, I could improve on setting as well,” she explains.

Cadet Santiago is working hard to be on the UMA Volleyball team. “Usually, I try to complete all my homework in class,” explaining how she balances homework and practice. “I don’t like doing homework, so I won’t complete it at home.” She is glad that she has a study lab.

The volleyball team practices every day after school. Cadet Santiago encourages interested players to talk to the coach or team captains. “We have a good number of players, but we will need a couple more next season,” Santiago explains. Whether you’re playing or watching, come enjoy the fun and cheer Cadet Kate Santiago on!

Top right, HS Cross Country prepares for a race early in the season. Second from top, the boys’ volleyball players execute a block during a game against tough opponents. Third from top, State #1 goalie Kendall Prieto prepares to stop a penalty kick. Bottom right, high school boys’ baseball team poses after their double-header concludes on a beautiful fall evening at Lindquist field.

Do You Study...or just do homework?

by Cadet J. Williams

Ever tried studying but found yourself stuck trying to figure out where to start? Well don’t worry there are many people that have the same problem. Studying and doing homework may seem extremely similar, but in reality there are some differences that are overlooked.

Doing homework is simply practicing topics from class, which is also a form of studying. Although this may help prepare many people for upcoming tests, you still need to make sure you put in a lot more effort than just completing a worksheet.

To start off, a great study session it’s always helpful to set aside some time to focus on the work at hand. This time should be distraction free and dedicated to whatever you’re learning. In addition, setting up a time and place to study is great, but it’s not going to be very effective if you’re not consistent.

Successful students make sure they set apart a time and place to study and they make sure that they stick to this schedule. Although many people think that studying with people may be distracting

Cadet and Family Services Notice

The CFS Food Pantry is open to cadets and families Monday and Wednesday from 3:15 to 4:30 or contact us for an appointment. We have shelf-stable foods as well as fresh bread and pastry items, proteins (meats), and hygiene items. Unfortunately, the pantry will go away if we don’t get responses from the public.



it actually is not as distracting as many may think. In fact, many AP students have admitted that they learn and retain more when they do study groups than when they study alone. Study groups should be utilized as long as you stay on topic as much as possible.

Lastly, one of the most important things to remember when studying is that everything doesn’t need to get done in one night. Cramming homework isn’t a very effective way to study as it replaces sleep and sleep is important to retaining information. As much as getting to all your subjects sounds tempting, it’s not very effective. Successful students typically tend to spread out their study session over a couple nights and only focus on certain subjects each night. Rarely will these students ever stay up all night trying to cram everything in at once.

Hopefully these strategies will help improve your grades. But remember, be consistent with your study habits.

Borrowed from: *Study Habits of Highly Effective Students | Good Study*

Are Sports a Red Card for Grades?

by Cadet K. Santiago

The school is cracking down on grades, especially with athletes, but how are they keeping up? Well some of the athletes have given some answers on how they keep up with their classes. Cadet Mallorie Andersen is a part of many activities such as Armed Drill, Debate, Volleyball, Rangers and more. She can still keep up with her three AP classes and 4.0 even with all those activities. Cadet Anessa Brady is in Volleyball, Armed Drill, and she's the Baseball Manager; she does all of these things with Precalculus. But how do they keep up with the work in their classes, and still succeed in their extracurriculars? According to the cadets, most of them try to finish their work during class so they don't have homework. Cadet Julien Salinas adds, "I usually try to get it done during class." He also explains that when he comes in early he does his work before school even starts. Or in other circumstances, cadets will do homework while traveling to games. Salinas also noted that if he comes to school early, he asks his teachers for help with his work. It is clear that good grades have to do with how you work at them.

Do Relationships Effect Grades?

by Cadet N. Beltran

Do you think relationships affect grades? A majority of the cadets that attend UMA are in some sort of romantic relationship. Cadets were interviewed about their opinion on this subject. 57.4% of cadets think that it does affect your grades and 42.6% of cadets think that it doesn't. The overall reason people said that relationships do not affect your grades is because you have to be responsible enough to get your school work done before you go with your significant other. For example, cadet Garcia said "No, because most people can focus on both at the same time." The overall reason why people said that relationships do affect grades is because people will put in more effort into the relationship than the school work. For instance cadet D. Rodriguez said "More people focus more on their relationship than their grades." The majority of cadets that attend UMA think that relationships do affect their grades.

Dear Einstein: Academic Advice

Dear Einstein,

I'm struggling to do my school work. I have so much going on outside of school that it feels like I have no down time to do any of my homework. How do you suggest I balance my life?
Signed, Stressy.

Dear Stressy,

It sounds like you might have signed up for too much. If I were in your shoes, I would try to drop something so that I have the time to do my homework. You don't want to work yourself to the point of constant exhaustion.

But, if it's not possible to drop any of your activities, see if you can set aside some time to get your work done. I don't know what kind of things you have going on, but maybe if it's an activity that you don't plan yourself, the people in charge might be willing to listen and hear what you have to say. They might let you have the time you need to do your school work, you just need to speak up for yourself. Getting your homework done is very important, and should be something you set aside time for.

Dear Einstein,

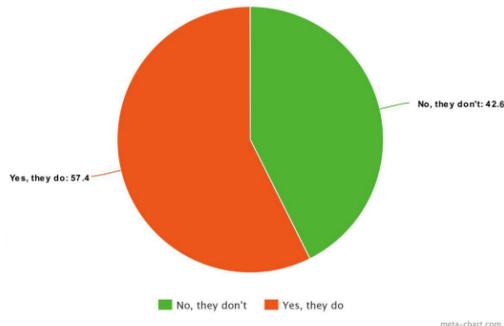
School is so boring. Almost everyday in class I am just sitting there because I already know everything. What can I do to make school interesting?

Signed, Disinterested.

Dear Disinterested,

I feel that. Before I started to challenge myself in school, it was a snore. A lot of the classes I was taking were putting me to sleep.

I suggest that you find classes that interest you. Schools have lots of electives and maybe one will catch your eye and make school interesting again. You might actually enjoy what you are being taught. If you already know everything in your classes maybe you can switch into some honor classes, or AP classes. But if nothing advanced is offered, talk to your teacher. The teachers could give you some harder work that will challenge you, and then maybe school won't be so boring.



Do Relationships Effect Your Grades?

Dear UMI: Life and Relationship Advice

Dear UMI,

My best friend is ignoring me and is starting to hang out with other people, but will not tell me why. When I confront them about it, they play dumb and act like nothing happened. We have been friends for years, and we inevitably have dumb fights, and argue with each other. Now though, she won't text me like we always do, and she won't talk to me. She abandoned me. What should I do?
BFF?

Dear BFF,

When someone is being toxic and ignoring you, the best thing to do is drop them. Having someone who won't put in the time to acknowledge or communicate with you is difficult. It isn't fair for you to keep contributing to that relationship. Just telling someone "I don't want to be your friend" is not easy, but if not said, they won't know your feelings towards them. If feelings about them have been shared, and they still don't listen to you or continue to be rude... then leave. Don't talk to them, and don't give them the same energy back. Find friends who aren't rude and who will communicate with others. Don't take it the wrong way either. Friends are allowed to have other friends, but ignoring them or not trying, isn't okay.

Finding friends isn't easy, but it's definitely doable. All in all, don't stay with friends who treat people like crap, and who don't put in the effort to do anything. Relationships have to be 50/50.

JOIN THE GREAT DEBATE!

The UMA Great Debate team would like to increase its membership. We are inviting any and all students who are interested in competing in Speech and Debate events to attend our In-House tournament on Thursday, October 13, 2022 (first day of Fall break), beginning at 10:00 AM in Mrs. McNeely's room. Please join us for a day of competition, food, prizes, and a chance to learn about the different types of Speech and Debate events! The sign-up sheet is in Mrs. McNeely's room, Room 204. You don't want to miss it!

Upcoming Tournaments:

- October 13 @ UMA - In House
- October 21 @ Roy High School - Royal Rumble (Junior High)
- October 29 @ Syracuse High School - Titan Terror (High School)
- November 4 @ Ogden High School - Portia Douglas (High School)
- November 11 @ Viewmont High School - Viking Clash (Junior High)
- November 12 @ Viewmont High School - Viking Clash (High School)

BREAKFAST INFO!

by Mrs. Tonya Green

Did you know that UMA serves breakfast from 7:30 a.m. - 8:30 a.m. Monday-Friday? The price is \$1.80. Your Aspire account can be charged for this service. There is one simple rule you must chose three items one must be a fruit or vegetable. (Juice is a fruit).

Did you also know that eating breakfast improves the overall quality and nutrient intake of the diet. Several investigators have suggested that omission of breakfast and/or consumption of an inadequate breakfast may be factors contributing to dietary inadequacies, and that the accompanying nutritional losses are rarely made up by other meals during the remainder of the day.

Get your day off to a great start, join us for breakfast in the cafeteria. We hope to see you in the morning.

LUNCH SCHEDULE - BE POLITE TO YOUR SERVERS!

by Mrs. T. Green, Food Service Director

2022 October						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
26	27	28	29	30	01	02
03 Crispitos, Corn, Spicy Beans, Oranges, Doritos	04 Hot Dog, Ranch Potatoes, Mixed Fruit, Scooby Snacks	05 Crispy Chicken, lettuce, tom, pickles, Fries, Oranges, Chips	06 Pizza Cheese or Pep veggie dipables, Pineapple, yogurt	07 Hamburger, Tom/lettuce/pickle Ranch potatoes, Mixed Fruit	08	09
10 Cheese Ravoli, GBread, Mixed Veggies, Cinnamon Apples	11 Taco bag w/ Meat, Lettuce, Tom, Cheese, Corn, Apples, Doritos, Churro	12 RoastBeef/swiss sub, curly fries, mixed fruit, scooby Snacks	13 NO SCHOOL	14 NO SCHOOL	15	16
17 Rib patty sandwich, Coleslaw, Peaches, carrots	18 Cheese quesadilla, Corn, Spicy Beans, Oranges, Doritos	19 Orange Chicken, veggie Lo Mein, Oranges, Broccoli Cookie	20 Pizza Rippers, carrot sticks, Pineapple, Sugar cookie	21 NO SCHOOL	22	23
24 Pulled pork, potato salad, baked beans, Mixed Fruit	25 Bean and Cheese Burrito, Salsa Rice, Corn, Peaches, Doritos	26 Hot Dog, Ranch Potatoes, Mixed Fruit, Scooby Snacks	27 Chicken tenders, Mashed Potatoes, Gravy, Roll, Applesauce	28 French Toast stx, Sausage patty, yogurt Hashbrown, Banana	29	30
31 Grilled Cheese, Tom/Soup, Apples, Broccoli, Goldfish	01	Notes: Choice of lowfat white, chocolate or strawberry milk is offered daily. Full salad bar is available daily. Menu is subject to change depending on availability. Lunch applications can be found at www.utahmilitaryacademy.org . This institution is an equal opportunity provider.				

MONTHLY

STORIES FROM THE ADVENTUROUS TO THE MUNDANE: MEET THE MAIN CHARACTERS

UMA
APPROVED



NEW SERIES ARE COMING SOON TO STUDIO
THUNDERBIRD.

-OCTOBER

STUDIO THUNDERBIRD



12TH GRADES PROJECT: HELLSCAPE

HIGH SCHOOLS: THE SHRINE WARS



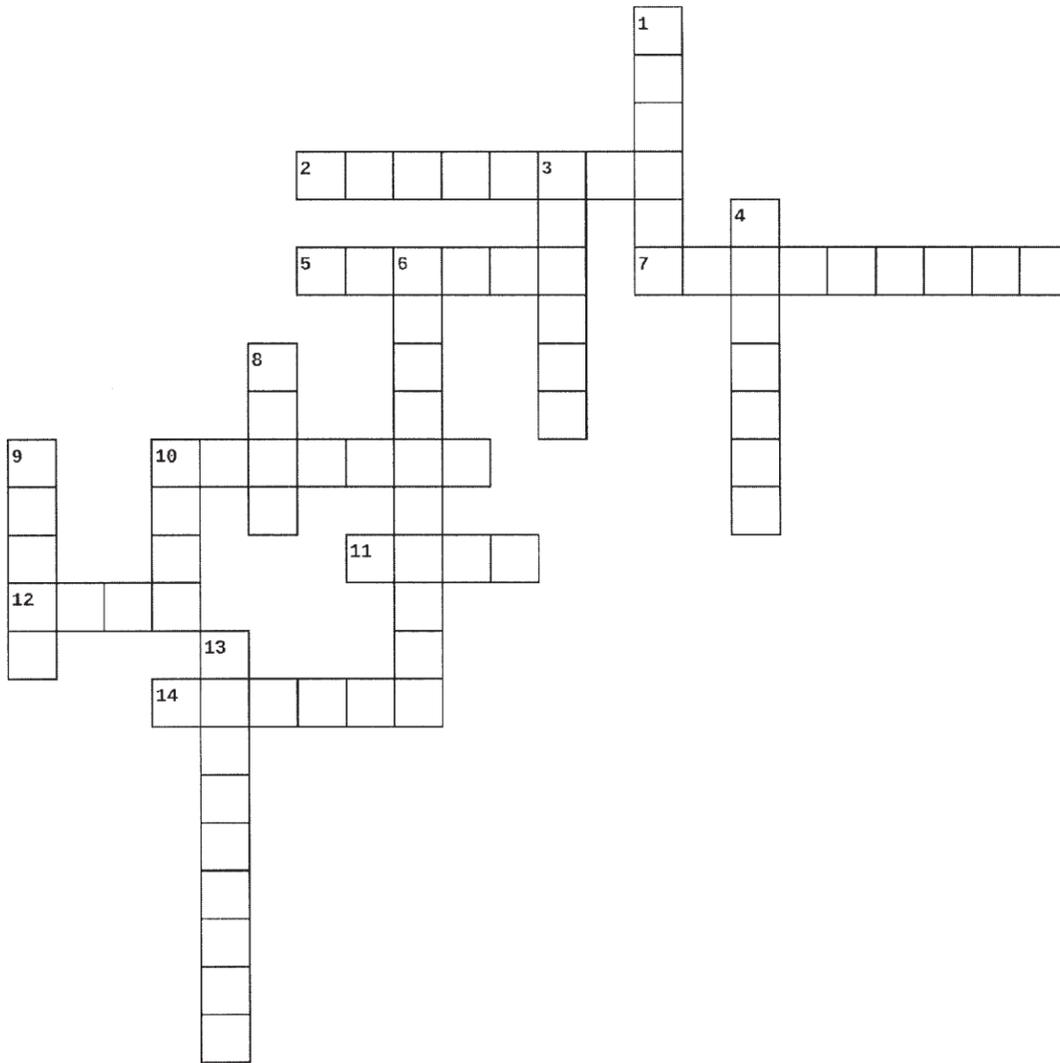
JUNIOR HIGHS: SUPERNOWS



ENTERTAINMENT SECTION - Fall Edition

UMA Crossword

by Cadet C. Zollinger - Created from Crossword Labs.com



Across

2. One of the more popular sports in America during fall.
5. When I get cold in the fall what do I wear?
7. How do I scare the birds away?
10. Gather crops.
11. The season that follows summer is...
12. The name of a garden tool to pick up leaves.
14. The green of _____ disappear in fall.

Down

1. What fruit can be red, yellow, or green?
3. What is another name for fall?
4. A ride in a wagon with hay.
6. What are corn mazes made of?
8. What is the yellow vegetable with kernels?
9. Fruit of the oak trees.
10. A long walk on trails or pathways.
13. What month does fall start in?

UMA Sudoku

by Cadet C. Zollinger - Created from 1sudoku.com

5	3	2		4	9			6	
4	6	8				9			
		9			5	4			
6			2	9					
			3		7				
				1	8			9	
			3	4			7		
			4				3	1	5
1			5	3		8	9	4	

	2		4	6				
		1	3	7	2	4		
8					1	2	6	
3		2	1	9				
5		9				3		6
				3	5	8		1
	9	6	5					2
		3	8	2	9	6		
				4	7		3	

Joke Corner

by Cadet K. Sanchez - from www.goodhouse-keeping.com and www.womansday.com

What goes in the fridge hot and comes out hot?
A **chile**.

Why shouldn't you write with a broken pencil?
Because it's **pointless**.

What's brown and sticky?
A **stick**.

What do you call fake spaghetti?
An **impostor**.

Why do hummingbirds hum?
Because they **don't know the words**.

What fish only swims at night?
A **starfish**.

Why is it a bad idea to iron your four-leaf clover?
You shouldn't **press your luck**.

Why did the stadium get so hot after the game?
Because **all the fans left**.

Why did the poor man stock up on yeast?
To **make some dough**.

Why was the coach yelling at the vending machine?
He wanted his **quarterback**.

The Black Phone

by Cadet K. Sanchez

The Black Phone, is a horror, thriller and dramatic movie based on several kidnappings. As someone who likes horror movies it was very interesting. The movie has different small stories based on the kids that were kidnapped by a man who goes by "The Grabber". Finney was the last kid that "The Grabber" took. The room that he was kept in has a black phone, hence the name of the film. The phone allows Finney to talk to the spirits of the kids kidnapped before him. Finney's sister, Gwen, has some types of visions which gives her hints on the location where her brother is at, as well as the kidnappers location. Note that this movie is rated R.

Pumpkin Chocolate Bread

by Cadet L. Wright

Sugar: This perfectly sweet recipe calls for a cup of white sugar per loaf.

Pumpkin puree: Use store-bought pumpkin puree or puree your own pumpkin at home.

Oil: Vegetable oil adds moisture without affecting the flavor. Substitutes include canola oil, butter, or applesauce.

Eggs: Whole eggs add moisture, richness, and flavor. Plus, they help bind the batter together.

Flour: All-purpose flour provides strength and structure.

Spices: This cozy pumpkin bread is spiced with cinnamon and nutmeg.

Baking soda: Baking soda acts as a leavener, which means it helps the pumpkin bread rise.

Salt: A half teaspoon of salt per loaf doesn't sound like much, but trust us: You'll miss it if you skip it.

Salt lends complexity while enhancing all the other flavors.

Chocolate chips: Of course, you'll need semisweet chocolate chips. You could use milk or dark chocolate if you prefer.

Nuts: This recipe calls for chopped walnuts, but pecans or almonds would also work well.

1. Make the batter: Beat the sugar, pumpkin, oil, water, and eggs with an electric mixer until they're smooth. Add the flour, cinnamon, nutmeg, baking soda, and salt. Fold in the chocolate chips and nuts.

2. Bake the bread: Pour the batter into three prepared loaf pans. Bake in a preheated oven until a knife comes out clean.

3 cups white sugar

1 (15 ounce) can pumpkin puree

1 cup vegetable oil

2/3 cup water

4 large eggs

3 1/2 cups all-purpose flour

1 tablespoon ground cinnamon, or to taste

1 tablespoon ground nutmeg, or to taste

2 teaspoons baking soda

1 1/2 teaspoons salt

1 cup miniature semisweet chocolate chips

1/2 cup chopped walnuts

Pick Up Lines and Homecoming Proposals

by Cadet L. Wright

Pick Up Lines:

+Hey, do we have a class together? Because I think we have Chemistry.

+Hey, do you play baseball? Because I can take you home.

+I'm trying to be a superhero, should I be Superman, Batman, or your man?

+I hope you know CPR, because you took my breath away.

Homecoming Proposals:

+I may not be Troy Bolton, but can I have this dance at Homecoming?

+I'd be one lucky ducky to go to Homecoming with you?

+You are one in a million and it would be despicable of me to ask you to Homecoming?

+Will you be my brother from another mother at Homecoming?

+I would dig it if you went to Homecoming with me?

+We could make a whole new world at Homecoming together?

+Will you be my guest at Homecoming?