

# **Adventure Sports Syllabus**

## **Ms. Erika's Class - School Yr 2023-2024**

### **ehoag@greenwoodcharter.org**

***\*\*Refer to it throughout year as needed\*\****

Middle School Physical Education / Adventure Sports class is a semester-long course. Throughout the semester, students will be involved in regular physical activities as well as classroom work that will involve quizzes over some of the units done in class. Emphasis will be placed on developing competency in many and proficiency in a few movement forms from a variety of categories. Students will be able to identify, analyze, and evaluate concepts, mechanical principles, safety considerations, and strategies/tactics regarding movement performance in a variety of physical activities. Students will exhibit responsible personal and social behavior that respects self and others in physical activity settings. Each student will have a written end of the year course exam. Each student will be tested on the fitness test the first week of class and then retested at the end of the semester to evaluate physical improvements.

Students will be expected to participate in activities with students, teachers and people from a variety of backgrounds and beliefs with extreme respect and integrity.

**Academic Grades:** Greenwood uses Standards-Based Mastery grading. This means students earn grades according to their level of mastery in each of the standards (learning targets) taught. The scoring is as follows:

- 4      Exceptional and beyond standard (Master)
- 3      Average/proficient in standard (Skilled Practitioner)
- 2      Developing standard (Amateur)
- 1      Introduced to standard (Novice)

**JumpRope:** Using our online grade book, students and parents can track a student's academic scores throughout the year; it allows you to know, at any time, a student's progress towards academic mastery in each standard and a separate character grade to let you know how the student is developing outside academics. Go to jumprope and login with either your parent or student Greenwood Google account. More guidance will be shown to students; they can be easily asked to show parents.

#### **Absences:**

A note from a parent will excuse a student for up to three (3) school days or class periods. A doctor's medical note is required if a student needs to miss more than three (3) school days or class periods.

#### **Make-Up Work:**

Students are expected to do make up work for absences and injuries, which cause them to miss participation in class activities. Make up work will be done by having students complete and in the required number of written worksheets or a sports article summary written in a 3.5 paragraph format. These activities are designed to enhance basic and critical thinking skills and should relate to the class activities during the time of absence or injury.

**Habits of Work Grades:** Academic grades are based on academic standards. Habits of work grades are based on behavioral dedication to developing character. They include: being accountable for work and

actions, setting intentions, committing to act and reflecting on the outcomes of personal actions and improving the quality of personal work through revision.

**Classroom Norms:**

1. **Be responsible**
2. **Be engaged**
3. **Be respectful**
4. **Be safe**

*Note: Bathroom breaks are dependent on teacher discretion. Students are provided the 3-minute passing period as a "break," and should utilize the restroom, get water, etc. at designated break times and NOT during class, as much as possible.*