JANUARY 2024

GREENWOOD CHARTER SCHOOL BREAKFAST & LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
			Cinni Minis	Muffin
No School	No School	No School	Hamburger Salad or Vegetables Fruit Milk or Water	Pizza ripper Salad or Vegetables Fruit Milk or Water
8	9	10	11	12
Apple cinnamon Toast	Bagelful	Waffle	Banana Bread	Muffin
Chicken Alfredo Salad Bar Vegetables Fruit Milk or Water	Bean Burrito Salad Bar Vegetables Fruit Milk or Water	Baked Potato Salad Bar Vegetables Fruit Milk or Water	Meatball Sub Salad Bar Vegetables Fruit Milk or Water	Breakfast for Lunch Salad or Vegetables Fruit Milk or Water
15	16	17	18	19
	Pancake	Bagel	Twin Berry Breakfast Bars	Muffin
No School	Chicken Enchilada Nacho's Salad Bar Vegetables Fruit Milk or Water	Sloppy Joe Salad Bar Vegetable Fruit Milk or Water	Chicken & Waffles Salad Bar Vegetables Fruit Milk or Water	Pizza sticks Salad or Vegetables Fruit Milk or Water
22	23	24	25	26
Mini Waffles	Breakfast sliders	Bagelful	Taco Roll	Muffin
Chicken Sandwich Salad Bar Vegetables Fruit Milk or Water	Cheese/BBQ Pork Quesadilla Salad Bar Vegetables Fruit Milk or Water	Breakfast for Lunch Salad Bar Vegetables Fruit Milk or Water	Shepherd's Pie Salad Bar Vegetables Fruit Milk or Water	Ham & Cheese Sandwich Salad or Vegetables Fruit Milk or Water
29	30	31	Feb. 1	Feb. 2
Banana Pancakes	Mini Pancake wrap	Blueberry Waffle	Cinni Minis	Muffin
BBQ Pork Sandwich Salad Bar Vegetables Fruit Milk or Water	Taco Soup Salad Bar Vegetables Fruit Milk or Water	Spaghetti Salad Bar Vegetables Fruit Milk or Water	Greenwood Pizza Salad Bar Vegetables Fruit Milk or Water	Chicken Nuggets Salad Bar Vegetables Fruit Milk or Water

SALAD OR VEGGIES AND FRUIT OFFERED EVERY DAY!

WHAT MAKES A LUNCH?

- Fruit
- Veggies
- Grains
- Protein
- Milk

Kids must select 3-5 components 1 component needs to be $\frac{1}{2}$ cup fruit and/or veggie

Milk or Water is offered with every meal.



Breakfast is served from 8:05-8:15 in Classroom

We offer yogurt, fruit, cereal or the menu item.

Meals are subject to change due to availability.

This institution is an Equal Opportunity Provider/Employer