

Bridge Elementary
Triennial Progress Assessment Report
Date: May 19, 2023

Bridge Elementary is required, at least once every three years, to evaluate its compliance with its Wellness Policy and to assess its implementation of the policy. This is called the “Triennial Progress Assessment.” The School’s Wellness Committee conducts the triennial progress assessment under the direction of the School’s Director or Designee. The results of the triennial progress assessment are included in this report, which must be shared with families of the School by posting it to the School’s website.

Category 1: Extent to which Bridge Elementary is in compliance with its Wellness Policy

Compliance Score: 1 – Poor 2 – Good 3 – Great	Policy Section	Notes and/or plans for improvement
	School Wellness Committee <ul style="list-style-type: none"> ● Committee Role and Membership ● Leadership 	2.0 Revised members and roles as some members were no longer part of Bridge.
	Wellness Policy Implementation, Monitoring, Accountability and Community Engagement <ul style="list-style-type: none"> ● Implementation Plan ● Recordkeeping ● Annual Notification of Policy ● Triennial Progress Assessments ● Revisions and Updating the Policy ● Community Involvement, Outreach and Communications 	3.0 <ul style="list-style-type: none"> ● Policy updated tri-annually as required ● Policy implemented as required ● Community outreach via social media and newsletters regarding lunch program, FFVP and CACFP (BASE dinner) ● Record keeping aligned with state and federal requirements ● All audits passed without issue
	Nutrition <ul style="list-style-type: none"> ● School Meals ● Staff Qualifications and Professional Development ● Water ● Competitive Foods and Beverages ● Celebrations and Rewards ● Fundraising ● Nutrition Promotion 	2.5 <ul style="list-style-type: none"> ● All school meals provided following requirements ● Water provided in lunchroom ● NO competitive foods or beverages provided ● Celebrations and rewards at minimum according to established procedures ● NO fundraising using food items ● Nutrition promotion through FFVP and LunchPro

	<ul style="list-style-type: none"> ● Nutrition Education ● Essential Healthy Eating Topics in Health Education ● Food and Beverages Marketing in the School 	<p>visits to classrooms.</p> <ul style="list-style-type: none"> ● NO food or beverages marketed at the school ● Need improvement in discussions of healthy eating topics
	<p>Physical Activity</p> <ul style="list-style-type: none"> ● Physical Education ● Essential Physical Activity Topics in Health Education ● Recess (Elementary) ● Classroom Physical Activity Breaks ● Active Academics ● Before and After School Activities ● Active Transport 	<p>3.0</p> <ul style="list-style-type: none"> ● All physical activity elements provided at Bridge as required by the Wellness Policy
	<p>Other Activities that Promote Student Wellness</p> <ul style="list-style-type: none"> ● Community Partnerships ● Community Health Promotion and Family Engagement ● Staff Wellness and Health Promotion ● Professional Learning 	<p>2.0</p> <ul style="list-style-type: none"> ● Community partnership with A-Z produce for our FFVP program. ● Family engagement and health promotion through social media for FFVP and also with our on-site Flu Clinic ● Staff Wellness and Health Promotion through the Culligan purified water system and walking challenge ● Hand sanitizer stations at front doors to promote wellness ● Need improvement with professional learning opportunities for staff and students to promote wellness

Category 2: Extent to which Bridge Elementary’s Wellness Policy compares to the Alliance for a Healthier Generation’s Model Wellness Policy

Compliance Score: 1 – Poor 2 – Good 3 – Great	Policy Section	Notes and/or plans for improvement
	<p>School Wellness Committee</p> <ul style="list-style-type: none"> ● Committee Role and Membership 	<p>1.0</p> <ul style="list-style-type: none"> ● This has fallen through the cracks and needs

	<ul style="list-style-type: none"> ● Leadership 	improvement
	<p>Wellness Policy Implementation, Monitoring, Accountability and Community Engagement</p> <ul style="list-style-type: none"> ● Implementation Plan ● Recordkeeping ● Annual Notification of Policy ● Triennial Progress Assessments ● Revisions and Updating the Policy ● Community Involvement, Outreach and Communications 	<p>3.0</p> <ul style="list-style-type: none"> ● Policy updated tri-annually as required ● Policy implemented as required ● Community outreach via social media and newsletters regarding lunch program, FFVP and CACFP (BASE dinner) ● Record keeping aligned with state and federal requirements ● All audits passed without issue
	<p>Nutrition</p> <ul style="list-style-type: none"> ● School Meals ● Staff Qualifications and Professional Development ● Water ● Competitive Foods and Beverages ● Celebrations and Rewards ● Fundraising ● Nutrition Promotion ● Nutrition Education ● Essential Healthy Eating Topics in Health Education ● Food and Beverage Marketing in Schools 	<ul style="list-style-type: none"> ● All school meals provided following requirements ● Water provided in lunchroom ● NO competitive foods or beverages provided ● Celebrations and rewards at minimum according to established procedures ● NO fundraising using food items ● Nutrition promotion through FFVP and LunchPro visits to classrooms. ● NO food or beverages marketed at the school ● Need improvement in discussions of healthy eating topics
	<p>Physical Activity</p> <ul style="list-style-type: none"> ● Physical Education ● Essential Physical Activity Topics in Health Education ● Recess (Elementary) ● Classroom Physical Activity Breaks ● Active Academics ● Before and After School Activities ● Active Transport 	<p>3.0</p> <ul style="list-style-type: none"> ● All physical activity elements provided at Bridge as required by the Wellness Policy
	<p>Other Activities that Promote Student Wellness</p> <ul style="list-style-type: none"> ● Community Partnerships ● Community Health Promotion and Family Engagement ● Staff Wellness and Health Promotion ● Professional Learning 	<p>2.0</p> <ul style="list-style-type: none"> ● Community partnership with A-Z produce for our FFVP program. ● Family engagement and health promotion through social media for FFVP and also with our on-site Flu Clinic ● Staff Wellness and Health Promotion through the Culligan purified water system and walking

		<p>challenge</p> <ul style="list-style-type: none"> ● Hand sanitizer stations at front doors to promote wellness ● Need improvement with professional learning opportunities for staff and students to promote wellness
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Category 3: Description of the progress made in attaining the goals of Bridge Elementary’s Wellness Policy

Goals	Description of the progress made in attaining the goals of the Wellness policy
Students in the School have access to healthy foods throughout the school day, both through reimbursable school meals and other foods available throughout the School, in accordance with Federal and state nutrition standards.	Completed
Students receive quality nutrition education that helps them develop lifelong healthy eating behaviors.	Completed
Students have opportunities to be physically active during and after school.	Completed
The School engages in nutrition and physical activity promotion and other activities that promote student wellness.	Completed
School staff are encouraged and supported to practice healthy nutrition and physical activity behaviors in and out of school.	Need improvement in this area
The community is engaged in supporting the work of the School in creating continuity between school and other settings for students and staff to practice lifelong healthy habits.	Completed
The School establishes and maintains an infrastructure for management, oversight, implementation, communication about and monitoring of the policy and its established goals and objectives	Completed