

**Wallace Stegner Academy
Breakfast Menu
October 2019**

Tuesday Oct. 1 – Fresh Baked Cinnamon Roll or Breakfast Calzone

Wednesday Oct. 2 – Breakfast Sandwich or Pancakes

Thursday Oct. 3 – Fresh Baked Cinnamon Roll or Breakfast Taco

Friday Oct. 4 – Muffin or Dutch Waffle

Monday Oct. 7 – Muffin or Croissant Sandwich

Tuesday Oct. 8 – Fresh Baked Cinnamon Roll or Breakfast Burger

Wednesday Oct. 9 – Breakfast Casserole or Flavored Bread

Thursday Oct. 10 – Fresh Baked Cinnamon Roll or French Toast Sticks

Friday Oct. 11 – Parfait or Muffin

Monday Oct. 14 – Muffin or Donut

Tuesday Oct. 15 – Fresh Baked Cinnamon Roll or Pancake on a Stick

Wednesday Oct. 16 – FALL BREAK

Thursday Oct. 17 – FALL BREAK

Friday Oct. 18 – FALL BREAK

Monday Oct. 21 – Muffin or Berries & Cream Pastry

Tuesday Oct. 22 – Fresh Baked Cinnamon Roll or Breakfast Calzone

Wednesday Oct. 23 – Breakfast Sandwich or Pancakes

Thursday Oct. 24 – Fresh Baked Cinnamon Roll or Breakfast Taco

Friday Oct. 25 – NO SCHOOL

Monday Oct. 28 – Muffin or Croissant Sandwich

Tuesday Oct. 29 – Fresh Baked Cinnamon Roll or Breakfast Burger

Wednesday Oct. 30 – Breakfast Casserole or Flavored Bread

Thursday Oct. 31 – Fresh Baked Cinnamon Roll or French Toast Sticks

**Served Daily: Fresh Fruits, 100 % Fruit Capri Sun, Fat Free Chocolate or 1% White Milk and
Condiments as Needed**

Protein options are offered as part of the meal as well

Menu is to change due to freshness and availability subject

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