

Lion's Den Café - December 2019 - Breakfast Menu

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1 	2 muffin or cereal sour raisels juice	3 cinni minis & sausage or cereal banana juice	4 Poptart & gogurt or cereal mandarin orange cup juice	5 cinnamon crumb square or cereal fresh pear juice	6 waffles and sausage or cereal peach cup juice	7
5	8 mini donuts & gogurt or cereal apple slices juice	9 maple sausage & egg tornado or cereal banana juice	10 frosted scones & gogurt or cereal mandarin orange cup juice	11 cinnamon roll & crackers or cereal peach cup juice	12 mini pancakes & sausage or cereal craisins juice	14
6	15 muffin or cereal apple slices juice	16 cinnamon Texas toast & sausage or cereal pear cup juice	17 Sweet bread & gogurt cereal Craisins juice	18 fruit smoothie & crackers or cereal sour raisels juice	19 French toast & sausage patty or cereal mandarin orange cup juice	21
1	22 	23	24 WINTER BREAK NO SCHOOL	25 	26 	28
22	29 WINTER BREAK NO SCHOOL	30 WINTER BREAK NO SCHOOL	31 Beverages offered daily: Fat Free Chocolate milk 1% milk bottled water 	26 **Please note: this menu is subject to change without notice** <i>This institution is an equal opportunity provider</i>	27	28

Lion's Den Café - December 2019 - Lunch Menu

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2	3	4	5	6	7
	Mexican Pizza or Meatball Sub mandarin oranges celery sticks w/ranch steamed broccoli	Penne Lasagna w/roll or Taco Salad w/Fritos pears steamed green beans side salad w/tomatoes & ranch	Asian Chicken Pig in a Blanket grapes fresh apple halves sugar peas w/grape tomatoes & ranch	Soft Taco Chicken Noodle Soup w/crackers diced mango cucumber slices w/ranch steamed corn	Hamburger or Cheese Quesadilla frozen fruit cup baby carrots w/ranch baked beans	
5	8	9	10	11	12	13
	Creamy Italian Chicken or Chicken Caesar Salad w/roll tropical fruit cocktail steamed carrots side salad w/tomatoes & ranch	Teriyaki Chicken Chicken Finger Wrap mandarin oranges grapes cauliflower & grape tomatoes w/ranch	Chili & Cheese w/Fritos Bean & Cheese Burrito fresh apple halves steamed corn celery sticks w/ranch	Chicken Fried Steak dinner roll pears mashed potatoes & gravy cucumber slices w/ranch	Hot Dog or Mozzarella Bites cantalope side salad w/carrots & ranch baked beans	
6	15	16	17	18	19	20
	Beef Stroganoff or Chef Salad w/roll peaches side salad w/tomatoes & ranch celery stick w/ranch	Chicken Bacon Ranch Melt or Chicken Pot Pie tropical fruit cocktail sugar peas w/ranch steamed carrots	Chocolate Chip Pancake Maple Sausage Pancake Wrap fresh orange wedges tater tots cucumber slices w/ranch	Rib B Que or Chicken Fillet applesauce cup baby carrots w/ranch french fries	Pepperoni Pizza Ripper or Cheese Pizza Ripper frozen fruit cup steamed broccoli cookie	21
1	22	23	24	25	26	27
	←		WINTER BREAK NO SCHOOL	→		28
29	30	31		Beverages offered daily: Fat Free Chocolate milk 1% milk bottled water	**Please note: this menu is subject to change without notice** <i>This institution is an equal opportunity provider</i>	