



December 2, 2019

excelsior-academy.org

Issue 16

Calendar Items

December 2

4:30 pm Boys basketball
@Spectrum

December 3

3:50-5:15 pm MS girls basketball
tryouts

December 4

8:15 am 3rd grade SWYK (show
what you know)
3:50-5:15 pm MS girls basketball
tryouts

December 5

Evening middle school music
concert
3:50-5:15 pm MS girls basketball
callbacks

December 6

AM kinder/A day MS
12:55/1:00 pm early out
12:00 MS talent show tryouts
during TAC

December 9-13

Elementary Scholastic book fair

December 10

MS dance showcase

December 11

6:30 pm Musical theatre
performance

December 12

Evening MS music concert

December 13

PM kinder/B day MS
12:55/1:00 pm early out
6:30 pm Musical theatre
performance



From the desk of Mrs. Willson

"Be Not Afraid of Growing, Only Be Afraid of Standing Still"

Six years ago, last August I moved to Tooele County from Winchester, Virginia, and stepped into Excelsior Academy's doors for the first time. I was impressed with what I had seen from my outsider's perspective and hoped this school would be a great place for my children and myself to begin our educational journey here in Utah. I was not disappointed. I remember sitting in a meeting that morning and feeling so inspired by Mrs. Eccles and the other faculty members. I felt that this school was really something very special. I knew I was in the right place. In the coming weeks and months, I learned what truly sets Excelsior apart from other schools.

-High Expectations for Students and Staff

-Challenge Level Groups

-Structured Learning Environment and Lessons

-Staff Positivity and Supportive Administration

-Instructors in all Elementary Classrooms

These personal Excelsior standards are what attracts many families here. When my youngest daughter Natalie started here, she was in second grade in **Mrs. Schoenfeld's** class. She was struggling a little with the move and it was showing in her school work and behavior. My son, Lucas, was starting kindergarten with **Mrs. Soto** and that sweet boy was a hot organizational mess. I would sometimes go to his classroom after school only to see his few remaining crayons unwrapped and in pieces all over the floor, while others had all their crayons neatly put away in their box. **However, because of the love and high standards of amazing teachers and instructors, it did not take long until both of them were thriving.**

I am so grateful for Excelsior's expansion. Before our expansion, some of you will remember, that it was very difficult to get in. **Most years there was a 400 student wait list.** There was a joke that in order to get your student enrolled you needed to either start them in Kindergarten or work here. **Opening our doors and our arms wider meant that more students, like my Natalie and Lucas, would receive a quality education filled with encouragement, high standards and love.** Isn't that what most parents want for their students anyway? That's why we did it. How could we continue to turn down so many families that wanted that for their children?

In recent months there has been talk some talk that our growth has posed some challenges, that class size has increased dramatically and therefore our standards were slipping. This is simply not the case. Before our expansion, in elementary our student to teacher ratio average was 26-27 for 2 adults. **(26-27/2)** Our student ratio now is 27-30 students for 2 adults. **(27-30/2)** With some classes even being as low as 24. Our wonderful educational neighbor, Rose Springs, is 28 to 1 adult, **28/1.** **No matter how you look at it, we still have lower student to educator ratios even after the expansion.**

Before I had my second child, I did not think that it was possible to love two children as much as I loved my one. I thought that I would have to divide my love like a Thanksgiving pie. I soon found that was not the case at all. My love grew to fit my new family. At Excelsior, our love has grown to fit our new family as well. All students are welcome and wanted. We will continue to provide the same high standards coupled with the same loving arms that we always have. It's what we do and who we are, and I'm feel so incredibly blessed to be a part of it with all of you.



SCHOLASTIC BOOK FAIR

- EXCELSIOR WILL BE HOLDING OUR ANNUAL SCHOLASTIC BOOK FAIR ON DECEMBER 9-13.
- WE INVITE YOU TO VISIT OUR SCHOLASTIC HOMEPAGE

[HTTPS://WWW.SCHOLASTIC.COM/BF/EXCELSIORACADEMY](https://www.scholastic.com/bf/excelsioracademy). THIS IS WHERE YOU CAN GET A HEAD START ON YOUR SHOPPING, FIND BOOK FAIR HOURS, AND SEE INFORMATION ON THE NEW E-WALLET OPTIONS.

- EMAIL [JHINTON@EAUTAH.ORG](mailto:jhinton@eautah.org) IF YOU HAVE ANY QUESTIONS.





Excelsior Academy Giving Tree

23!

Guess what? There are only ~~37~~ days until Christmas!

Excelsior Academy will be supporting the Toys for Tots program again this year. Last year, Toys for Tots Tooele donated to 2,601 children. We are hoping to add a generous Excelsior donation to this amazing program. **Our goal is to donate 200 toys to Toys for Tots.**

In the main lobby of each school you will find a donation box and a giving tree. The trees will have ornaments with different age group/gender of the toys needed. Please stop by and pick up a tag or two. Have your students help you pick out gifts, they are experts and they will benefit from learning to give generously.

All the toys should be **new** and **unwrapped** and placed in the boxes in either school building by December 18th, 2019. Thank you for donating!

Please help if you can!!!



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Talent show information for middle school students:

TALENT SHOW AUDITIONS

AUDITION TO BE AN EXCELSIOR
ACADEMY STAR FOR A DAY!

FRIDAY, DECEMBER 6TH ★ **DURING TAC TIME** ★ **BLACK BOX THEATRE**

TALENT SHOW AUDITIONS ARE TO PREPARE FOR THE EXCELSIOR ACADEMY MIDDLE SCHOOL TALENT SHOW TO BE HELD ON FRIDAY, DECEMBER 20TH AT 12:00PM. STUDENTS WHO SIGN UP TO AUDITION MUST BRING THEIR OWN PROPS, INSTRUMENTS, COSTUMES, ETC. EACH STUDENT OR GROUP AUDITIONING WILL BE ALLOWED 2-3 MINUTES TO AUDITION.





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Everytime you purchase through Amazon Smile a portion of your purchase is donated to Excelsior Academy. Just add our school to your Amazon Smile account and get to your Holiday shopping!



#1 holiday hack:
When you buy your gifts at smile.amazon.com, Amazon donates.
amazonsmile

Middle school girls basketball tryouts are December 3 and 4 from 3:50 pm to 5:15 pm. Call backs will be December 5th at the same time.
Questions? Email scamper@eautah.org!



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We have partnered with **Les Mills**. We use some of their fun fitness programs with our dance and P.E. classes.

Something else very exciting is that we can offer their ON DEMAND service for a discount to friends, family, and neighbors of Excelsior Academy.

If you are ready to shake your tail feathers, pump iron, or HIIT it, check out what they offer!

Click this link for the awesome discount: [FriendsofEA](#)

KICKSTART

4-WEEK FULL BODY WORKOUT GUIDE FOR GYM & HOME
CARDIO • STRENGTH • FLEXIBILITY • CORE

BENEFITS OF THIS GUIDE:
This workout guide is for those who want to maintain a regular exercise program with flexibility to suit your schedule - whether at the gym, at home or while traveling. You will gain cardiovascular fitness and core strength while retaining endurance.
We've provided suggestions for LES MILLS workouts - these can be done at the gym or online with LES MILLS On Demand!

	SUNDAY / MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY / SATURDAY
1	CARDIO 30 MIN BODYATTACK, BODYCOMBAT, SH'BAM	REST DAY	MIND BODY 15 MIN MINDFULNESS	REST DAY	STRENGTH 30 MIN BODYFLOW STRENGTH
2	CARDIO 30 MIN BODYATTACK, BODYCOMBAT, SH'BAM, LES MILLS GRIT	FLEXIBILITY 30 BODYFLOW FLEXIBILITY	REST DAY	CARDIO 15 - 30 MIN BODYATTACK, DANCE, BODYCOMBAT, SH'BAM	STRENGTH 30 MIN CXWORK, LES MILLS GRIT
3	CARDIO 30 MIN BODYATTACK, BODYCOMBAT, SH'BAM,	FLEXIBILITY 30 BODYFLOW FLEXIBILITY	REST DAY	CARDIO 15 - 30 MIN BODYATTACK, DANCE, BODYCOMBAT, SH'BAM, LES MILLS GRIT	STRENGTH 30 MIN CXWORK, LES MILLS GRIT
4	CARDIO 30 MIN BODYATTACK, BODYCOMBAT, SH'BAM	FLEXIBILITY 30 BODYFLOW FLEXIBILITY	REST DAY	CARDIO 15 - 30 MIN BODYATTACK, BODYCOMBAT, SH'BAM	STRENGTH 30 MIN CXWORK, LES MILLS GRIT

TOP TIP: Listen to your body, if you are feeling fatigued and need an extra recovery day - take it!

LES MILLS
ONDEMAND



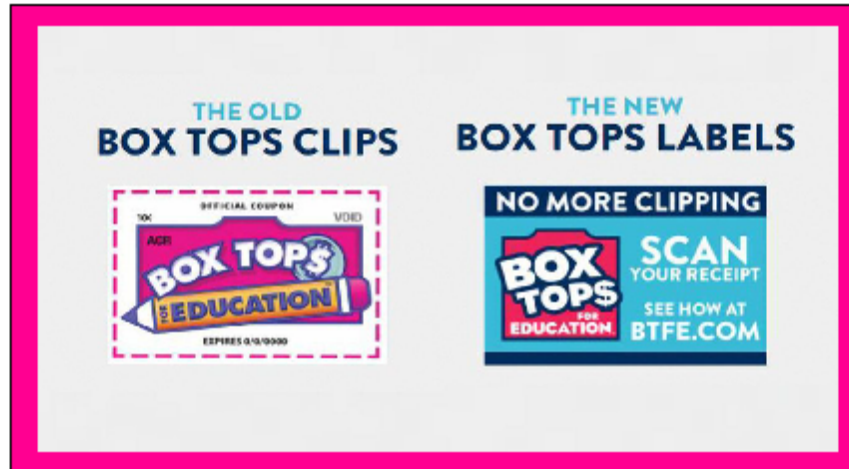
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BOX TOPS IS CHANGING!

Box Tops coupons on cereal & snack packages are fading out and going digital!



There are 3 easy-peasy steps to start.

1. Download the Boxtops for Education app on your smartphone.
2. Look for our school on the app.
3. Scan your receipts.

We still want to have class and school incentives for donating your Box Tops. Here is what you need to know to make sure your student's class gets all their points.

1. After you scan your receipts, take a screenshot and email it to boxtops@eautah.org with the name of your student's teacher.
2. This will make it possible to keep our class incentives like earning a free recess and the traveling trophy!
3. We are adding a few bigger prizes this year. The class with the most donations at mid-year and at the end of the year will earn a pizza or ice cream party! (In the middle school this would be their 8th period class)

If you still have unexpired paper box tops, keep sending them in! We will accept them until they are faded out.



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GIRLS BASKETBALL SEASON

Wednesday, January 15	vs. Monticello	4:30 pm
Wednesday, January 22	vs. Spectrum	4:30 pm
Monday, January 27	@ Dual Immersion	4:30 pm
Wednesday, January 29	@APA WV2	4:30 pm
Monday, February 3	vs. Wasatch	4:30 pm
Wednesday, February 5	@ Spectrum	4:30 pm
Monday, February 10	@ Monticello	4:30 pm
Wednesday, February 12	vs. Dual Immersion	4:30 pm
Monday, February 24	vs. Wasatch	4:30 pm
Wednesday, February 26	vs. APA WV2	4:30 pm

frenchtoastschoolbox.com

If you want to buy school uniforms from French Toast, we have an online store! Go to frenchtoastschoolbox.com and shop under Excelsior. Basic uniform items are in the store, as well as the debate sweaters for our middle school debaters! They also offer embroidery of our logo. One of the best things about it is that we get cash back from French Toast through our store. Happy shopping!



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For 5th-8th graders:



STALLION DRAMA



ROALD DAHL'S

Matilda

THE MUSICAL

Auditions

Will be Held January 9th, 2020
Beginning at 3:00pm

Parts will be available for approximately
25 Women and 25 Men
And 6 Children (double cast)

Audition Information will be available at
www.stalliondrama.org
Beginning December 1st

**YOU WILL AUDITION WITH A SONG FROM THE
SHOW THAT WE WILL GIVE YOU!**

**AUDITIONS WILL BE OPEN TO THOSE IN 5TH
GRADE AND UP!**