







# Lion's Den Café - January 2020 - Breakfast Menu

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	
	<b>Beverages offered daily:</b> Fat Free Chocolate milk 1% milk bottled water 	**Please note: this menu is subject to change without notice**  <b><i>This institution is an equal opportunity provider</i></b>	1	2	3	4	
	<b>WINTER BREAK NO SCHOOL</b>						
5	cinnamon crumb square or cereal  craisins juice	6	7	8	9	10	11
		bagel & sausage or cereal  banana juice	Poptart & gogurt or cereal  fresh pear juice	apple or cherry Frudel or cereal  mandarin orange cup juice		NO SCHOOL 	
12	13	14	15	16	17	18	
	mini donuts & gogurt or cereal  apple slices juice 	berries and cream pastry & sausage or cereal  banana juice	frosted scones & gogurt or cereal  fresh pear juice	cinnamon roll & crackers or cereal  mandarin orange cup juice	mini pancakes & sausage cereal  sour raisels juice 		
19	20	21	22	23	24	25	
	<b>Human Rights Day</b> <b>NO SCHOOL</b>	cinnamon Texas toast & sausage or cereal  banana juice	Sweet bread & gogurt or cereal  mandarin orange cup juice	fruit smoothie & crackers or cereal  sour raisels juice	French toast & sausage or cereal  pear cup juice		
26	27	28	29	30	31		
	muffin or cereal  apple slices juice	cinni minis & sausage or cereal  banana juice	Poptart & gogurt or cereal  mandarin orange cup juice	cinnamon crumb square or cereal  fresh pear juice	waffles and sausage or cereal  peach cup juice		



# Lion's Den Café - January 2020 - Lunch Menu

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	
	<b>Beverages offered daily:</b> Fat Free Chocolate milk 1% milk bottled water 	**Please note: this menu is subject to change without notice**  <i>This institution is an equal opportunity provider</i>	1	2	3	4	
5	<b>Sweet &amp; Sour Meatballs or Pulled Pork Sandwich</b> fresh apple halves pineapple carrots & grape tomatoes w/ranch	<b>Spiral spaghetti w/roll or Chicken Caesar Salad w/roll</b> pears steamed broccoli side salad w/tomatoes & ranch	<b>Turkey Mashed Potato Bowl w/roll or Beef Dippers w/potatoes &amp; roll</b> mandarin oranges grapes sugar peas w/ranch	<b>Chicken Nuggets or Hamburger</b> frozen fruit cup celery sticks w/ranch baked beans	<b>NO SCHOOL</b> 	10	11
12	<b>Chicken Fajitas or Taco Salad w/Fritos</b> diced mango refried beans & cheese side salad w/tomatoes & ranch	<b>Sausage Breakfast Sandwich Muffin Squares w/sausage</b> mandarin oranges later tots sugar peas w/ranch	<b>Chicken Alfredo or French Dip</b> pears fresh orange wedges steamed broccoli	<b>Chicken Fried Steak</b> dinner roll cantaloupe mashed potatoes & gravy celery sticks w/ranch	<b>Corn Dog or Chicken Sandwich</b> grapes baby carrots w/ranch pickle spears	17	18
19	<b>Human Rights Day NO SCHOOL</b> 	<b>Pot Roast w/potatoes &amp; roll or Cheese Melt</b> fresh fruit salad sugar peas w/ranch cauliflower w/ranch	<b>Macaroni &amp; Cheese Beef &amp; Cheese Nachos</b> fresh apple halves celery sticks & tomatoes w/ranch refried beans & cheese	<b>Soft Taco or Chicken Noodle Soup w/crackers</b> mandarin oranges cucumber slices w/ranch steamed corn	<b>Pepperoni Pizza Ripper Cheese Pizza Ripper</b> strawberries baby carrots w/ranch steamed broccoli 	24	25
26	<b>Spiral spaghetti w/roll or Taco Salad w/Fritos</b> pears steamed green beans side salad w/tomatoes & ranch	<b>Asian Chicken Pig in a Blanket</b> mandarin oranges fresh apple halves sugar peas w/grape tomatoes & ranch	<b>Mexican Pizza or Meatball Sub</b> grapes celery sticks w/ranch steamed broccoli	<b>NEW!! French Toast Bake Maple Sausage Pancake Wrap</b> diced mango cucumber slices w/ranch later tots	<b>Chicken Dippers or Hamburger</b> frozen fruit cup baby carrots w/ranch baked beans	31	