



Lion's Den Café - March 2020 - Breakfast Menu



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1 4	2 stuffed bagels & gogurt cereal apple slices juice	3 cinnamon Texas toast & sausage or cereal banana juice	4 Sweet bread & gogurt cereal mandarin orange cup juice	5 fruit smoothie & crackers or cereal sour raisels juice	6 French toast & sausage or cereal pear cup juice	7
8 5	9 muffin or cereal apple slices juice	10 cinni minis & sausage or cereal banana juice	11 Poptart & gogurt or cereal mandarin orange cup juice	12 cinnamon crumb square or cereal fresh pear juice	13 NO SCHOOL	14
15 6	16 NO SCHOOL	17 maple sausage & egg tornado or cereal banana juice	18 frosted scones & gogurt or cereal mandarin orange cup juice	19 cinnamon roll & crackers or cereal peach cup juice	20 mini pancakes & sausage or cereal craisins juice	21
22 1	23 muffin or cereal apple slices juice	24 cinnamon Texas toast & sausage or cereal pear cup juice	25 Sweet bread & gogurt cereal Craisins juice	26 fruit smoothie & crackers or cereal sour raisels juice	27 French toast & sausage patty or cereal mandarin orange cup juice	28
29 2	30 mini donuts & gogurt or cereal apple slices juice	31 bagel & sausage or cereal banana juice		Beverages offered daily: Fat Free Chocolate milk 1% milk bottled water	**Please note: this menu is subject to change without notice** <i>This institution is an equal opportunity provider</i>	



Lion's Den Café – March 2020 – Lunch Menu



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1 4	2 Chicken Haystacks or Chef Salad w/roll pineapple steamed peas side salad w/carrots & ranch	3 Pot Roast w/potatoes & roll Cheese Melt fresh fruit salad steamed carrots celery sticks w/ranch	4 Macaroni & Cheese Beef & Cheese Nachos fresh apple halves cauliflower & tomatoes w/ranch refried beans & cheese	5 Soft Taco or Chicken Noodle Soup w/crackers mandarin oranges cucumber slices w/ranch steamed corn	6 Pepperoni Pizza Ripper or Cheese Pizza Ripper strawberries baby carrots w/ranch steamed broccoli	7
8 5	9 Sweet & Sour Meatballs or Taco Salad w/Fritos pears steamed green beans side salad w/tomatoes & ranch	10 Asian Chicken Pig in a Blanket mandarin oranges fresh apple halves sugar peas w/grape tomatoes & ranch	11 Mexican Pizza or Meatball Sub grapes celery sticks w/ranch steamed broccoli	12 NEW! Cheese Stuffed Breadstick or Hamburger frozen fruit cup steamed carrots baked beans	13 NO SCHOOL	14
15 6	16 NO SCHOOL	17 Pulled Pork Sandwich or Chicken Dippers fresh apple halves baby carrots w/ranch steamed Normandy veg	18 Chili & Cheese w/Fritos Bean & Cheese Burrito grapes steamed corn celery sticks w/ranch	19 Chicken Fried Steak dinner roll fresh orange wedges mashed potatoes & gravy cucumber slices w/ranch	20 Chicken Sandwich or Hot Dog cantaloupe side salad w/carrots & ranch baked beans	21
22 1	23 Beef Stroganoff or Chef Salad w/roll peaches side salad w/tomatoes & ranch celery stick w/ranch	24 Chicken Bacon Ranch Melt or Chicken Pot Pie tropical fruit cocktail sugar peas w/ranch steamed carrots	25 French Toast Sticks or Chocolate chip Pancake frozen fruit cup tater tots cucumber slices w/ranch	26 Rib B Que or Taco Fries applesauce cup baby carrots w/ranch baked beans	27 Pepperoni Pizza Ripper or Cheese Pizza Ripper fresh orange wedges steamed broccoli cookie	28
29 2	30 Spiral spaghetti w/roll or Chicken Caesar Salad w/roll pears steamed carrots side salad w/tomatoes & ranch	31 Teriyaki Chicken Chicken Finger Wrap mandarin oranges fresh apple halves cauliflower & grape tomatoes w/ranch		Beverages offered daily: Fat Free Chocolate milk 1% milk bottled water	**Please note: this menu is subject to change without notice** This institution is an equal opportunity provider	 