## Strategies to Increase Hope and Engagement

With students and staff



## Hope

 "An individual's perceptions regarding one's own ability to clearly conceptualize one's goals, develop specific strategies to reach them, initiate and sustain the activities in support of those strategies."
 Richard Snyder

# What gets measured gets done.

Attributed to Peter Drucker

#### What do schools measure?

- . MCA I, II, and III and NAEP
- . NWEA MAPS,
- . ACT and SAT,
- PLAN and EXPLORE,
- ITBS,
- CoGAT,
- . PSAT,
- ASVAB,
- . NMSQT,
- . WISC, etc. etc.

#### The Hope Survey Measures:

- Autonomy
- · Belongingness
- Goal Orientation (mastery is good, performance less so)
- · Engagement
- · Combine these into HOPE

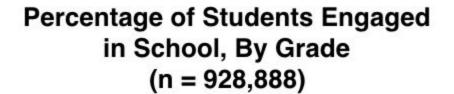
### Why is Hope Important?

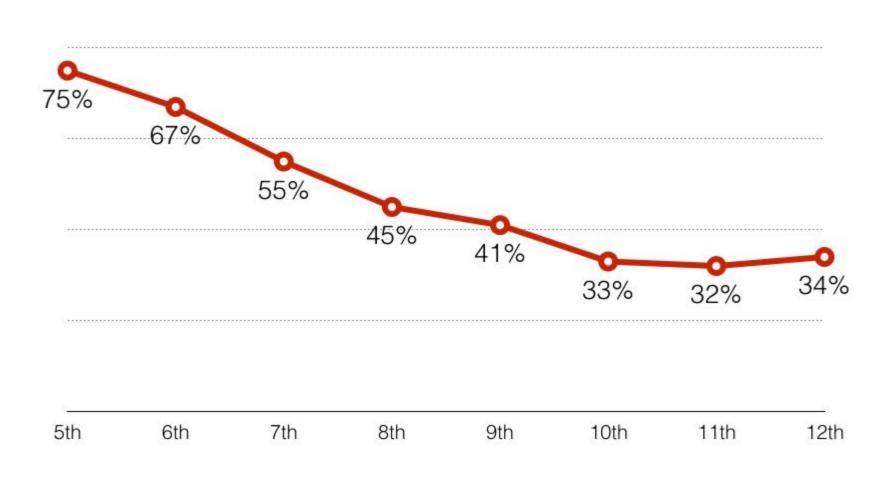
- · Higher levels of hope equate with:
  - Seeing barriers as obstacles to be overcome
- . Having the will to achieve one's goals
- . Finding pathways and strategies to get there
- . Having more grit, perseverance, and a growth mindset

PERCENTAGE WHO SAY HOPE IS VERY
IMPORTANT

83%

GALLUP SUPERINTENDENT SURVEY 2015



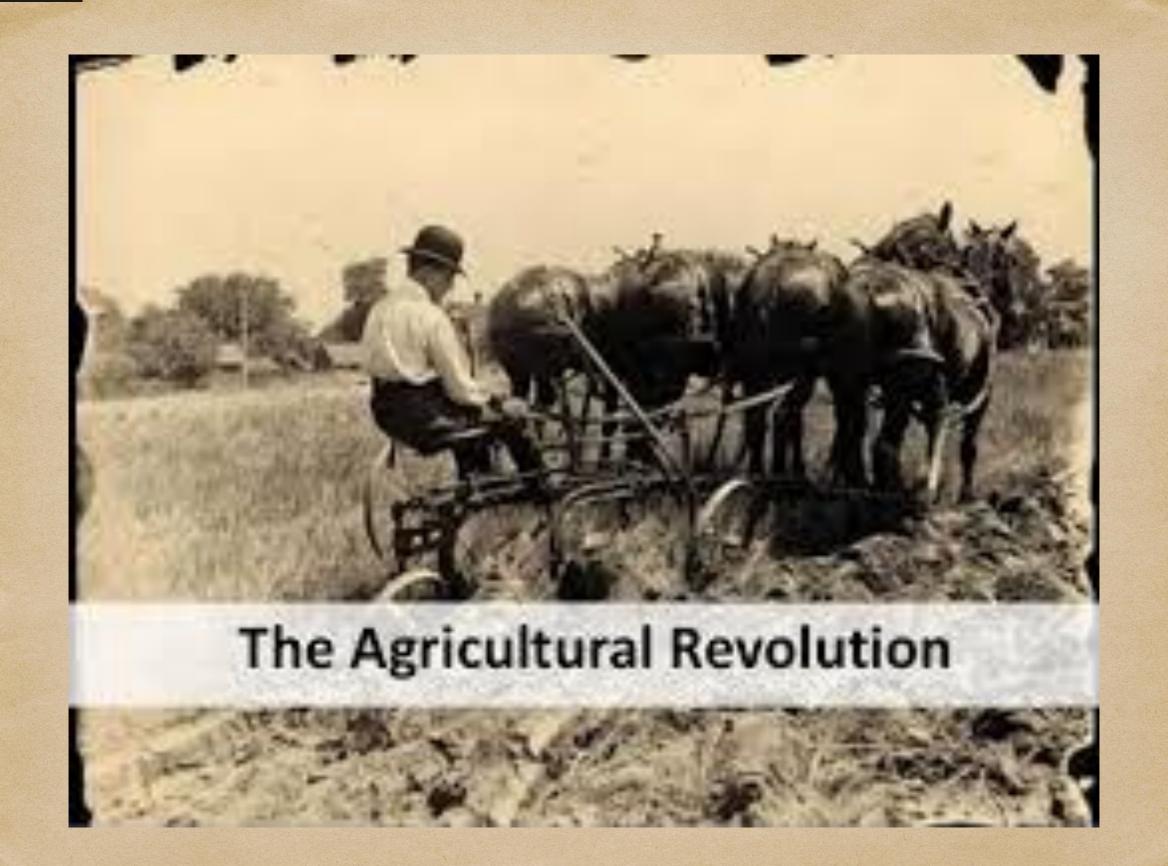


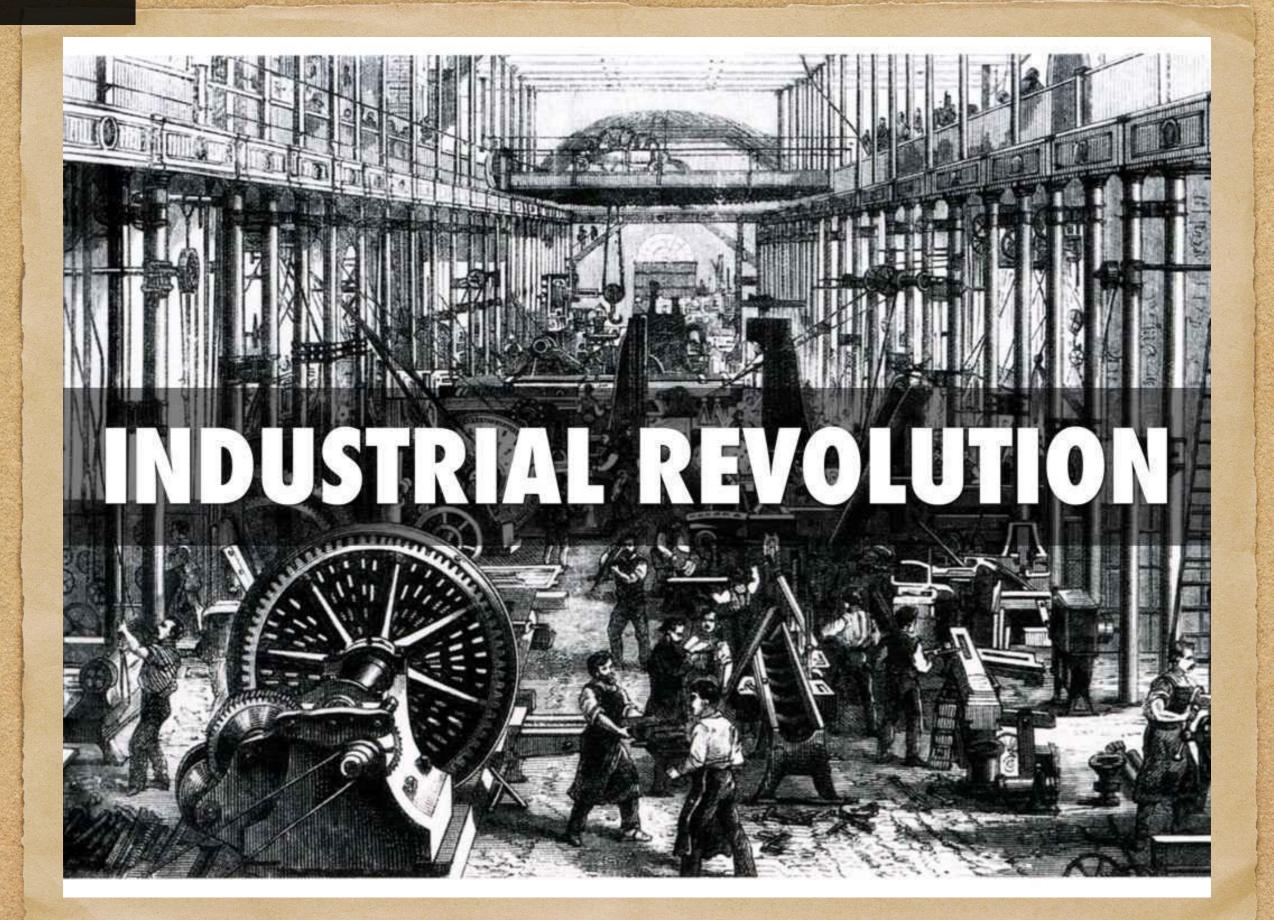
Gallup. (2016). Gallup student poll. Engaged today - Ready for tomorrow. Fall 2015 survey results. Washington, DC: Author.

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#### Ability

- · Ability is not the sole predictor of future success
- Ability is the vehicle. Hope, will, and engagement is the engine.
- · Without the engine, students go nowhere









The Age of the Heart

#### Contact Information

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