






Lion's Den Café - October 2020 - Breakfast Menu

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	Beverages offered daily: Fat Free Chocolate milk 1% milk bottled water	**Please note: this menu is <i>subject to change without notice**</i> <i>This institution is an equal opportunity provider</i>		1 french toast & sausage patty or cereal Craisins juice	2 cinnamon roll & crackers or cereal peach cup juice	3
2	4 bagel & sausage or cereal pear cup juice	5 mini donuts or cereal banana juice	6 Poptart & gogurt or cereal apple slices juice	7 waffles & sausage or cereal peach cup juice	8 cinnamon crumb square or cereal mandarin orange cup juice	10
3	11 berries and cream pastry & sausage or cereal pear cup juice	12 muffin or cereal banana juice	13 bagel or cereal apple slices juice	14 FALL BREAK NO SCHOOL 	15 FALL BREAK NO SCHOOL	17
4	18 cinnamon Texas toast & sausage or cereal mandarin orange cup juice	19 mini donuts & gogurt or cereal banana juice	20 Sweet bread & gogurt cereal apple slices juice	21 french toast & sausage or cereal sour raisels juice	22 cinnamon roll & crackers or cereal pear cup juice 	24
5	25 cinni minis & sausage or cereal peach cup juice	26 muffin or cereal banana juice	27 Poptart & gogurt or cereal apple slices juice	28 waffles & sausage or cereal peach cup juice	29 NO SCHOOL 	31

Lion's Den Café - October 2020 - Lunch Menu

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	<p>**Please note: this menu is subject to change without notice**</p> <p><i>This institution is an equal opportunity provider</i></p>	<p>Beverages offered daily: Fat Free Chocolate milk 1% milk bottled water</p>		<p>1 Corn Dog or Chicken Sandwich grapes celery sticks w/ranch baked beans</p>	<p>2 Pepperoni Pizza Ripper or Cheese Pizza Ripper frozen fruit cup steamed broccoli cookie</p>	<p>3 </p>
2	<p>4 French Toast Sticks w/sausage or Chocolate Chip Pancake w/sausage pears tater tots baby carrots w/ranch</p>	<p>5 Mexican Pizza or Meatball Sub peaches cucumber slices w/ranch steamed broccoli</p>	<p>6 Spiral spaghetti w/roll or Chicken Caesar Salad w/roll fresh fruit salad steamed carrots side salad w/tomatoes & ranch</p>	<p>7 Taco soup w/Fritos or Sloppy Joe Sandwich mandarin oranges celery sticks w/ranch steamed corn</p>	<p>8 Chicken Nuggets or Hamburger applesauce pickle spears baked beans</p>	
3	<p>11 Macaroni & Cheese or Beef & Cheese Nachos peaches cauliflower & tomatoes w/ranch refried beans & cheese</p>	<p>12 Teriyaki Chicken or Chicken Finger Wrap grapes fresh apple halves steamed broccoli</p>	<p>13 Corn Dog or Chicken Sandwich strawberries baby carrots w/ranch baked beans</p>	<p>14 FALL BREAK NO SCHOOL</p>	<p>15 FALL BREAK NO SCHOOL</p>	<p>16 FALL BREAK NO SCHOOL</p>
4	<p>18 Sausage Breakfast Sandwich or Muffin Squares w/sausage diced mango tater tots baby carrots w/ranch</p>	<p>19 Chili & Cheese w/Fritos or Bean & Cheese Burrito peaches cucumber slices w/ranch steamed corn</p>	<p>20 Chicken Fajitas or Taco Salad w/Fritos fresh orange wedges refried beans & cheese side salad w/tomatoes & ranch</p>	<p>21 Pot Roast w/potatoes & roll or Cheese Melt grapes steamed carrots celery sticks w/ranch</p>	<p>22 Pepperoni Pizza Ripper or Cheese Pizza Ripper mandarin oranges steamed broccoli cookie</p>	
5	<p>25 Chicken Alfredo or French Dip pears cantaloupe steamed broccoli</p>	<p>26 Asian Chicken or Pig in a Blanket tropical fruit cocktail fresh apple halves sugar peas w/grape tomatoes & ranch</p>	<p>27 Cheesy Mashed Potato Bowl or Soft Taco mandarin oranges steamed corn side salad w/tomatoes & ranch</p>	<p>28 Cheese Stuffed Breadsticks or Hamburger grapes steamed carrots celery sticks w/ranch</p>	<p>29 NO SCHOOL</p>	<p>30 </p>