

**SEIZURE Individualized Healthcare Plan/Emergency Action Plan**

Picture

**STUDENT INFORMATION**

Student:	DOB:	School/Grade:	School Year:
Parent:	Phone:	Email:	
Physician:	Phone:	Fax:	SMMO <input type="checkbox"/> Yes <input type="checkbox"/> No
School Nurse:	School Phone:	Fax:	

**Background: SEIZURE INFORMATION**

Seizure Type	Length	Frequency	Description

Seizure triggers or warning signs:

Student's reaction to seizure:

**Parent:** complete the above section, read and sign below, obtain signature from Health Care Provider (if no SMMO) and return to school nurse.

As parent/guardian of the above named student, I give permission for my child's healthcare provider to share information with the school nurse for the completion of this order. I understand the information contained in this order will be shared with school staff on a need-to-know basis. It is the responsibility of the parent/guardian to notify the School Nurse of any change in the student's health status, care or medication order. If medication is ordered I authorize school staff to administer medication described below to my child. If prescription is changed a new SMMO must be completed before the school staff can administer the medication. Parents/Guardian are responsible for maintaining necessary supplies, medications and equipment.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**SEIZURE ACTION PLAN** - Mark behaviors that apply to student

<i>If you see this</i>	<i>Do this</i>	<b>EMERGENCY SEIZURE PROTOCOL</b>	<i>Expected Behavior after Seizure</i>
<input type="checkbox"/> Sudden cry or squeal <input type="checkbox"/> Falling down <input type="checkbox"/> Rigidity/Stiffness <input type="checkbox"/> Thrashing/Jerking <input type="checkbox"/> Loss of bowel/bladder control <input type="checkbox"/> Shallow breathing <input type="checkbox"/> Stops breathing <input type="checkbox"/> Blue color to lips <input type="checkbox"/> Froth from mouth <input type="checkbox"/> Gurgling or grunting noises <input type="checkbox"/> Loss of consciousness <input type="checkbox"/> Staring <input type="checkbox"/> Lip smacking <input type="checkbox"/> Eye movement _____ <input type="checkbox"/> Other: _____	<b>BASIC SEIZURE FIRST AID</b> <ul style="list-style-type: none"> <li>▪ Stay calm &amp; track time</li> <li>▪ Keep child safe</li> <li>▪ Do not restrain</li> <li>▪ Do not put anything in mouth</li> <li>▪ Stay with child until fully conscious</li> <li>▪ Protect head</li> <li>▪ Keep airway open/watch breathing</li> <li>▪ Turn child on side</li> <li>▪ Do not give fluids or food during or immediately after seizure</li> </ul>	<input type="checkbox"/> Call 911 at _____ minutes for transport to _____ <input type="checkbox"/> Call parent or emergency contact <input type="checkbox"/> Administer emergency medications as indicated on SMMO <input type="checkbox"/> Other: _____  <b>A seizure is generally considered an emergency when:</b> <ul style="list-style-type: none"> <li>▪ Convulsive (tonic-clonic) seizure lasts longer than 5 minutes</li> <li>▪ Student has repeated seizures with or without regaining consciousness</li> <li>▪ Student is injured, pregnant or has diabetes</li> <li>▪ Student has a first-time seizure</li> <li>▪ Student has breathing difficulties</li> <li>▪ Student has a seizure in water</li> </ul>	<ul style="list-style-type: none"> <li>▪ Tiredness</li> <li>▪ Weakness</li> <li>▪ Sleeping, difficult to arouse</li> <li>▪ Somewhat confused</li> <li>▪ Regular breathing</li> <li>▪ Other: _____</li> </ul>
			<b>Follow Up</b> <ul style="list-style-type: none"> <li>▪ Notify School Nurse</li> <li>▪ Document</li> </ul>

**SPECIAL CONSIDERATIONS**

Does the student have a Vagus Nerve Stimulator?  Yes  No

If YES, describe magnet use:

Special considerations and precautions (regarding school activities, sports, trips, helmet, height restriction, etc.):

**EMERGENCY SEIZURE RESCUE MEDICATION (See SMMO)**

Person to give seizure rescue medication:  School Nurse,  Parent,  EMS,  Volunteer(s) (Specify): \_\_\_\_\_ Attach volunteer(s) training documentation  Other: \_\_\_\_\_

Location of seizure rescue medication (must be locked):

**ROUTINE MEDICATIONS**

Medication	Dose	Route	Time	Side-Effects

**SIGNATURES**

As parent/guardian of the above named student, I give my permission to the school nurse and other designated staff to perform and carry out the tasks as outlined in this Individualized Healthcare Plan (IHP) and for my child's healthcare provider to share information with the school nurse for the completion of this plan. I understand that the information contained in this plan will be shared with school staff on a need-to-know basis. It is the responsibility of the parent/guardian to notify the School Nurse whenever there is any change in the student's health status or care. Parents/Guardian and student are responsible for maintaining necessary supplies, medications and equipment.

School Nurse Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Prescriber Signature (if no SMMO): \_\_\_\_\_ Date: \_\_\_\_\_

Licensed Trainer Signature (if needed): \_\_\_\_\_ Date: \_\_\_\_\_

<b>SEIZURE Medication/Management Orders (SMMO)</b> Utah Department of Health/Utah State Board of Education In Accordance with UCA 53A-11-603.5	<b>PCH Pediatric          Neurology Clinic</b> 801-213-3599 Fax: 801-587-7539	<b>Other provider:</b>

**STUDENT INFORMATION**

<b>Student:</b>	<b>DOB:</b>	<b>Grade:</b>	<b>School:</b>
<b>Parent:</b>	<b>Phone:</b>	<b>Email:</b>	
<b>Physician:</b>	<b>Phone:</b>	<b>Fax:</b>	
<b>School Nurse:</b>	<b>School Phone:</b>	<b>Fax:</b>	

**SEIZURE INFORMATION**

<b>Seizure Type/Description</b>	<b>Length</b>	<b>Frequency</b>

If Seizures are full body tonic-clonic, rescue medication may be administered by a trained volunteer.  
**Seizures other than tonic-clonic, rescue medication can only be given by an RN, Parent or EMS.**

Yes  No Student has received a first dose of this medication in a non-medically-supervised setting without a complication.  
**If No, medication cannot be given by a trained volunteer. Can only be given by an RN, parent, or EMS.**

Yes  No Student has previously ceased having a full body prolonged or convulsive seizure as a result of receiving this medication.  
**If No, medication cannot be given by a trained volunteer. Can only be given by an RN, parent, or EMS.**

**Parent:** complete the above section, read and sign below, obtain signature from Health Care Provider, and return to school nurse.

As parent/guardian of the above named student, I give permission for my child's healthcare provider to share information with the school nurse for the completion of this order. I understand the information contained in this order will be shared with school staff on a need-to-know basis. It is the responsibility of the parent/guardian to notify the School Nurse of any change in the student's health status, care or medication order. If medication is ordered I authorize school staff to administer medication described below to my child. If prescription is changed a new SMMO must be completed before the school staff can administer the medication. Parents/Guardian are responsible for maintaining necessary supplies, medications and equipment.

<b>Parent Signature:</b>	<b>Date:</b>
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<b>Student Name:</b>	<b>DOB:</b>
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**EMERGENCY SEIZURE RESCUE MEDICATION**

**To Be Completed by Prescriber** - In accordance with these orders, an Individualized Health Care Plan (IHP) must be developed by the School Nurse and parent to be shared with appropriate school personnel, *and cannot be shared with any individual outside of those public education employees without parental consent.* As the student's LIP I confirm that the student has a diagnosis of seizures.

<b>Give Emergency Medication IF:</b>	<b>Medication</b>	<b>Dose</b>	<b>Route</b>	<b>Call</b>
<ul style="list-style-type: none"> <li>• If seizure lasts ___ minutes or greater</li> <li>• If ___ or more consecutive seizures with or without a period of consciousness (in ___ minutes)</li> <li>• Other _____</li> </ul>	<input type="checkbox"/> Midazolam (Versed) (Dose must be provided in 2 syringes)  <input type="checkbox"/> Diazepam (Diastat)  <input type="checkbox"/> Other _____	_____ mg  _____ ml	<input type="checkbox"/> Nasal <input type="checkbox"/> Rectal <input type="checkbox"/> Other	<b>ALWAYS call 911, parent and School Nurse</b>

This medication is necessary during the school day. Trained personnel should and will be allowed to administer this medication.

**Common potential side effects:** respiratory depression, nasal irritation, memory loss, drowsiness, other:

Additional instructions for administration:

**VAGUS NERVE STIMULATOR**

This student has a Vagus Nerve Stimulator. Trained personnel should and will be trained on magnet use. Describe magnet use:

**PRESCRIBER SIGNATURE**

This order can only be signed by an MD/DO; Nurse Practitioner, Certified Physician's Assistant or a provider with prescriptive practice.

Prescriber Name:	Phone:
Prescriber Signature:	Date:
School Nurse Signature:	Date: