MAY 2021

GREENWOOD CHARTER SCHOOL BREAKFAST & LUNCH MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|------------------------|--------------------------|-------------|------------------------|---------------------------|---|
| 3 | 4 | 5 | 6 | 7 | VEGGIES AND FRUIT |
| Strawberry | | | | French toast | OFFERED EVERY DAY! |
| Bagel | Taco Roll | | Mini Waffles | sticks | WHAT MAKES A LUNCH? |
| Ham & cheese | Taco Salad Salad or | To Go Meals | Chicken patty Sandwich | Breadsticks & Marinara | |
| Sandwich | Vegetables | | Salad or | Vegetables | • Fruit |
| Salad or | Fruit | | Vegetables | Fruit | Veggies |
| Vegetables Fruit | Milk or Water | | Fruit Milk or Water | Milk or Water | Grains |
| Milk or Water | | | WIIK OF WATER | | Protein |
| | | | | | • Milk |
| 10 | 11 | 12 | 13 | 14 | |
| Cinni Mini's | Banana Pancakes | | Yogurt Parfait | Apple cinn. bread | Kids must select 3-5 |
| Hamburgers | Taquitos | To Go Meals | Baked | Calzones | components |
| Salad or | Salad or | | Potatoes | Salad or | 1 component needs to be ½ cup fruit and/or veggie |
| Vegetable Fruit | Vegetables Fruit | | Salad or Vegetables | Vegetables Fruit | 72 COP ITON ANA/OF VEGGIE |
| Milk or Water | Milk or Water | | Fruit | Milk or Water | Milk or Water is offered |
| | | | Milk or Water | | with every meal. |
| | | | | | , |
| 17 | 18 | 19 | 20 | 21 | Nourish ^{the} Seed€ |
| Berries & | | · | Pancake | | the Casal |
| cream bars | Muffins | | Wrap | Banana Bread | Seed Grant lead |
| Chicken over | Taco Stick | To Go Meals | Teriyaki Beef | Pizza Rippers | |
| Rice | Salad or | | Dippers | Salad or | Breakfast is served |
| Salad or Vegetables | Vegetables Fruit | | Salad or Vegetables | Vegetables Fruit | from 8:15 |
| Fruit | Milk or Water | | Fruit | Milk or Water | We offer yogurt, fruit, |
| Milk or Water | | | Milk or Water | | cereal or the menu item. |
| | | | | | cerear or me meno nem. |
| 24 | 25 | 26 | 27 | 28 | Meals are subject to |
| Belgium | Strawberry | Muffins | Muffins | Yogurt & | change due to availability. |
| Waffles | Bars Bars Burrita | | | Granola | |
| Spaghetti Sauce and | Bean Burrito Salad or | To Go Meals | Chicken Nuggets | TBA | |
| Noodles | Vegetables | | Salad or | Fruit | |
| Salad or Vegetables | Fruit Milk or Water | | Vegetables Fruit | Milk or Water | · · · · · |
| Fruit | Wilk Of Water | | Milk or Water | Out at 12 | This institution is an |
| Milk or Water | | | | | Equal Opportunity |
| 2.1 | | | | | Provider/Employer |
| 31 | | | | | |
| | | | | | |
| No School | | | | | |
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