

JANUARY 2022

GREENWOOD CHARTER SCHOOL BREAKFAST & LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Banana Pancakes	Pancake Wrap	Bagel	Cinni Minis	Muffins
Hamburgers Salad Bar Vegetables Fruit Milk or Water	Bean Burritos Salad Bar Vegetables Fruit Milk or Water	Chef Salad Salad Bar Vegetables Fruit Milk or Water	Chicken over Rice Salad Bar Vegetables Fruit Milk or Water	Calzone Salad or Vegetables Fruit Milk or Water
10	11	12	13	14
Apple cinnamon Toast	Strawberry Bagel	Online	Banana Bread	
Chicken strips and Fries Salad Bar Vegetables Fruit Milk or Water	Beef Nacho's Salad Bar Vegetables Fruit Milk or Water	Baked Potato Salad Bar Vegetables Fruit Milk or Water	Popcorn Chicken Bowl Salad Bar Vegetables Fruit Milk or Water	No School
17	18	19	20	21
	Sausage Roll	Yogurt Parfait	Twin Berry Breakfast Bars	Muffins
NO SCHOOL	Cheese Quesadilla Salad Bar Vegetables Fruit Milk or Water	Sloppy Joe Salad Bar Vegetable Fruit Milk or Water	Baked Potato Salad Bar Vegetables Fruit Milk or Water	Pizza Sticks Salad or Vegetables Fruit Milk or Water
24	25	26	27	28
Mini Waffles	Breakfast sliders	Breakfast Bar	Taco Roll	Muffins
Orange Chicken Salad Bar Vegetables Fruit Milk or Water	Taco Pie Salad Bar Vegetables Fruit Milk or Water	Bagel Sandwich Salad Bar Vegetables Fruit Milk or Water r	Pizza Rippers Salad Bar Vegetables Fruit Milk or Water	Breakfast for Lunch Salad or Vegetables Fruit Milk or Water
31	Feb. 1	Feb. 2	Feb. 3	Feb. 4
Banana Pancakes	Mini Pancake wraps	French Toast Stick	Cinni Minis	Muffins
Meatball Sub Salad Bar Vegetables Fruit Milk or Water	Chicken Enchilada Nachos Salad Bar Vegetables Fruit Milk or Water	Greenwood Pizza Salad Bar Vegetables Fruit Milk or Water r	Shepherd's Pie Salad Bar Vegetables Fruit Milk or Water	Cheese Sticks & Marinara Sauce Salad or Vegetables Fruit Milk or Water

**SALAD OR VEGGIES
AND FRUIT OFFERED
EVERY DAY!**

WHAT MAKES A LUNCH?

- Fruit
- Veggies
- Grains
- Protein
- Milk

Kids must select 3-5 components
1 component needs to be
½ cup fruit and/or veggie

Milk or Water is offered
with every meal.



**Breakfast is served
from 8:15-8:30 in
Classroom**

We offer yogurt, fruit, cereal
or the menu item.

**Meals are subject to
change due to availability.**

**This institution is an
Equal Opportunity
Provider/Employer**