



August Newsletter 2021



WELCOME BACK TO SCHOOL!



Dear MSA Families,

Welcome back to School! A warm welcome to our returning and new families as well! We're looking forward to seeing you at our Back to School Night on August 13th! We will hold an orientation meeting to share information and answer questions, give you an opportunity to visit your

children's classrooms, and you'll have some time to visit with teachers as well as other parents! Please see the flyer below for more information.

I'm happy to share with you that we raised \$4,500 from our online auction, and earned some additional funds from our Mayfaire, yearbook, and swag fundraisers from last year. We also received some generous donations from some parents and grandparents! Because of those earnings, we were able to purchase swings for our kindergarten and grades playground! They were ordered in June and will arrive in September/October. We are creating other plans for that space that we hope to fundraise for and implement this year. We also have an addition of several 4 squares on the playground and were able to purchase a high end volleyball unit and other playground equipment! Thank

you for your support!

We have an exciting new tradition we are introducing on the first day of school called the Rose Ceremony! Additional information is provided later in the newsletter.

We have some very talented individuals who have joined our team! Please see a few spotlights in the newsletter and check out our other new teachers on our website! Our teachers have attended some excellent professional development trainings over the summer and are excited to serve your children!

We had a recent change to our dress code policy which you may read about in that topic sectioned below, or view a more detailed account on our website.

We have created a purposeful tagline that relates to our Mountain Sunrise name which is **"Build a strong FOUNDATION and SHINE your light!"**

As a school, this strong foundation we are building includes developing capacities in children with their thinking, (academics) feeling (social/emotional), and willing (doing/resilience). Our students are developing these tools and growing in capacity to do their work and discover their passions. They will be able to share their light and talents in ways meaningful to them and do much good in the world.

To go with this theme, we have established the acronym S.H.I.N.E. as a standard of expectations at our school.

Show Respect – Respect for self, others, school/property, nature

Head, Heart, & Hands Learning – Building these 3 capacities for a solid foundation; Engaged and Experiential learning

Imagination & Creativity – Importance of insight, idea, or "spark" that comes from oneself

Nice Words & Deeds – Acting kindly to one another in word and action

Excellence – "Being extremely good in ability and character," quality, value, worth, greatness, doing your best work, striving.

Please share these values with your children. The teachers will also be reviewing these in their classrooms. Together, as a school, we'll build a strong FOUNDATION and SHINE our light!

We appreciate you "shining your light" and volunteering at our school and have many options for volunteer service! Please click the link to sign up in the newsletter section on this topic.

Here's to a joyous, productive, and meaningful 2021-2022 school year! Blessings to all of us as we begin this wonderful endeavor!

Warmly,

Krystelle Rose MA Ed., MBA

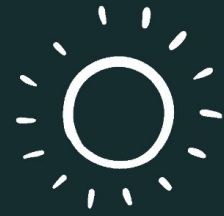
Executive Director

Founder

Mountain Sunrise Academy



Back-to-School Night



August 13, 2021

**6 p.m. Orientation Meeting:
Families with last names A-L**

**7:15 p.m. Orientation Meeting:
Families with last names M-Z**

After your orientation meeting, please take the opportunity to familiarize your family with the campus and connect with faculty; stop in the library to sign agreement for your child to check out books; and check out the volunteer opportunities to support your child. We'd love to answer any questions. We will wrap up at 8:30 p.m. If any families can stay to help clean up for a bit afterward, that would be appreciated!

We're so excited to welcome you to the new school year!

Refreshments served

School Start Count-Down!

00

Days

00

Hours

00

Minutes

00

Seconds



The Rose Ceremony

We're excited to begin a new Mountain Sunrise Academy tradition with our very first Rose Ceremony! On the first day of school, it is the role of the oldest grade in the school to present roses to the budding first graders as they begin their journey through the grades and cross the rainbow bridge. The first

graders will be called up one by one while each 7th grader takes a rose from their teacher. The 7th grade students will present the roses to their new first grade buddies. This helps create a connection of friendship between them as we begin the new year. This simple ceremony is celebrated in many Waldorf schools as a marker of an important transition for the young children.

Entering the grades is something many of the kindergarteners have thought a lot about and looked forward to. It marks an important developmental milestone as the individuality and capability of each child emerges and grows. We use roses to mark this passage. Roses are symbolic to many as a sign of love and beauty. The rose's unfolding is gradual, as each round of petals comes to bloom — the rose's transformation from bud to blossom is a significant change. The hardy rose celebrates life on the earth.

MSA offers events, such as the Rose Ceremony, as a celebration and a support to our children and their families. We create meaningful experiences to celebrate important milestones in a child's life. First grade families are invited to attend. The ceremony will start at 8:45 on August 16th. We look forward to seeing you at our first ever Rose Ceremony!

Photo: Waldorf School of the Peninsula.

Dress Code Update!

We have listened to your requests and suggestions and have put in place a new dress code.

Policy

Children may wear any clothing free of printed messages, words, sequins, pictures or character images (Disney, Brand Cartoon images, Pokemon, Marvel, etc.) in any colors except neon. Examples of acceptable clothing include solids, repeating patterns, plaids, stripes, color blocking, or school-approved MSA logo-wear. Levis/jeans are allowed but should not have holes or be in disrepair. MSA advocates that students look their best as well as are dressed comfortably as movement is an important part of the curriculum.

Please see the Dress code policy on the website for more detailed information.

VOLUNTEER OPPORTUNITIES

We Love Our Volunteers!



We have lots of volunteer options for you to choose from! The expectation is 40 hours per family per year. We have many opportunities including festivals, yearbook, theater, handwork, gardening, reading aide, teacher aide, room parent & co-parent, parent community council, wellness, office aide, library, marketing, social media, etc. Please sign up for options below.

Coming soon, we'll have a place on our website to log your hours!

SIGN UP NOW!

Parent President - President-Elect & Parent Community Council Members Nominations!

We are now accepting nominations for two individuals to act as President and President-Elect to serve in our Parent Community Council. (PCC) The President's term is for one year and the President-elect will become the President the following year. We also have up to 15 members to serve in the Parent Community Council. These volunteers will chair or assist various committees with other parents as needs and interests arise. The school community council will meet monthly with the president and president-elect. The parent community council oversees the social life of the school including bringing in ideas for a positive school culture, helping with festivals, teacher appreciation week, co-ordinates meals for parent teacher conferences, assists in fundraising, etc. If this is of interest to you or you would like to nominate someone, please fill out the form below.

GARDENING GRANT!



A special thanks to our teacher, Charlene Johnson, who wrote a Gardening Grant for our school to Whole Kids Foundation! We were selected out of 1400 applicants in U.S. and Canada and will receive \$3000 to go towards our garden!

Supplies Donations

As an elementary school our teachers may suggest a list of student supplies for use for their classes. In accordance with Section 53G-7-503, we give notice that "THE ITEMS ON THIS LIST WILL BE USED DURING THE REGULAR SCHOOL DAY. THEY MAY BE BROUGHT FROM HOME ON A VOLUNTARY BASIS, OTHERWISE, THEY WILL BE FURNISHED BY THE SCHOOL."

In addition to regular supplies, our school purchases a number of unique and high quality Waldorf products such as main lesson books, watercolor paper, colored chalk, beeswax crayons, lyra colored pencils, clay, beeswax modeling wax, window star paper, compasses, wooden pentatonic flutes, real wool yarn, handmade knitting needles, and watercolor paints and brushes, etc. We ask that you make a supplies donation for the school year. Thank you for your contribution as it goes directly to school supplies so that we can continue giving high quality arts material and handwork supplies.

The recommended donation is \$95 per child.

Please click below to make your donation. We will also take your donation by check at the front desk! We reiterate this is a request and not a requirement.

[Donate Here!](#)

Our charter school, along with other schools in Utah, has been allotted a grant called ARP ESSER Funds. This is to respond to students' academic, social, and emotional needs and address the impact of COVID-19. We would like to get shareholders feedback from parents, teachers, students, educational specialists, board members, special education etc. for our LEA creation of this plan to submit to the state. Please fill out the short survey below.

[GRANT SURVEY](#)

Spotlights

A warm welcome to our new Assistant Director & Special Education Lead Teacher!



Darroll Young

Darroll Young ("Coach") holds a Masters degree in Public Administration from Brigham Young University (Provo, UT 2012) and a Bachelor degree in Physical Education from Utah State University (Logan, UT 2001).



Amanda Frank

Hello, my name is Amanda Frank and I am an educator, storyteller, friend, and I love sharing interesting things about the world. I am honored to be able to help young people discover how brilliant they truly are. I come from a family of teachers, artists, creators, travelers, and

Coch is a National Motivational Speaker, NCAA Division I Athletic player and coach, a veteran of two wars, and husband and father of 5 wonderful kids. He won a Division I championship as both a football player and as an assistant coach for the Utah State University basketball team.

As a veteran, having served in the Air Force for over 6 years, he deployed to Operation Enduring Freedom and Operation Iraqi Freedom as a Services Officer and Protocol Officer. He worked closely with the military Commanders, government officials and ambassadors to the country to ensure the US relations remained strong.

Coch has served Utah County Public Schools for the past 4 years. Teacher (physical education / wellness) and Assistant Principal (K-6). He is a dedicated lifelong learner, loves teaching about courage under pressure, strong character values and leadership tools to both young and young-at-heart. He is excited to join the Mountain Sunrise Academy Team as Assistant Director.

ambassadors of nature. My three children (25, 24, and 12) have been my greatest accolades and motivation for learning how to holistically teach the whole child.

I recently relocated from AZ where I graduated with honors from Arizona State University and earned a dual certification BA in Elementary Education (K-8) and Special Education (K-12.) I am absolutely fascinated by intuitive math and natural sciences; I hold certifications in Vedic Mathematics, and Sustainability and Ecological Literacy. Outside of school I delight in gardening, camping, and playing board games.

My teaching philosophy is that every student can learn, it is our job as mentors to help them find the way that makes the most sense for them. My joy truly is found when a student realizes they are capable, confident, and creative. I believe learning should be a holistic experience. By accepting and embracing this philosophy, I have learned some of my greatest life lessons and watched students blossom into empathetic, patient, kind peer-teachers, and reciprocal learners.

Mountain Sunrise Academy

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