## **MARCH 2022**

## **GREENWOOD CHARTER SCHOOL BREAKFAST & LUNCH MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	CALAD DAD AND EDUT
	1	2	3	4	SALAD BAR AND FRUIT
	Waffles	Cinni Mini	Pancake Wrap	Muffins	OFFERED EVERY DAY!
Hamburgers Salad or Vegetables Fruit Milk or Water	Taco stick Salad or Vegetables Fruit Milk or Water	Chicken Alfredo Salad or Vegetables Fruit Milk or Water	Baked Potato Sandwich Salad or Vegetables Fruit Milk or Water	Pizza Rippers Salad or Vegetables Fruit Milk or Water Out 12:30	<ul><li>WHAT MAKES A LUNCH?</li><li>Fruit</li><li>Veggies</li><li>Grains</li></ul>
7	8	9	10	11	Protein
Berry& Cream bars	Breakfast Sliders	Mini Pancake	Waffles	Muffins	• Milk
Chicken Sandwich Salad or Vegetables Fruit Milk or Water	Beef Nachos Salad Bar Vegetables Fruit Milk or Water	Mandarin Orange Chicken Salad or Vegetables Fruit Milk or Water	Hoagie Sandwich Salad Bar Vegetables Fruit Milk or Water	French Bread Pizza Salad or Vegetables Fruit Milk or Water Out 12:30	Kids must select 3-5 components 1 component needs to be ½ cup fruit and/or veggie Milk or Water is offered
14	15	16	17	18	with every meal.
Mini Pancakes	Banana Bread	Bagelful	Sausage Roll	Muffins	Mousish
Spaghetti Breadsticks Salad or Vegetables Fruit Milk or Water	Taquitos Salad or Vegetables Fruit Milk or Water	Grilled Cheese Salad or Vegetables Fruit Milk or Water	Cesar Chicken Wrap Vegetables Fruit Milk or Water Early out 12:30	Breakfast for Lunch Salad or Vegetables Fruit Milk or Water Out 12:30	Mourish the Seed  Breakfast is served At 8:15 as Grab and
21	22	23	24	25	go to Classroom
Snack' n Loaf	Yogurt & Granola	Bagel	Waffles	Muffins	
Sloppy Joe Salad Bar Vegetables Fruit Milk or Water	Taco Salad Salad Bar or Vegetables Fruit Milk or Water	Aloha Chicken Fried Rice Salad or Vegetables Fruit Milk or Water	Ham & Cheese Pita Pocket Salad or Vegetables Fruit Milk or Water	Pizza Bites Marinara Sauce Vegetables Fruit Milk or Water Out 12:30	We offer yogurt, fruit, cereal or the menu item.  Meals are subject to change due to availability.
28 Strawberry Bagel	29 Mini Pancakes	30 Banana Bread	31	April 1 Muffins	<b>S</b>
Meatball Sandwich Salad or Vegetables Fruit Milk or Water	Bean Burrito Salad or Vegetables Fruit Milk or Water	Greenwood Pizza Salad or Vegetables Fruit Milk or Water	Chicken Nuggets Salad or Vegetables Fruit Milk or Water	Snackables Salad or Vegetables Fruit Milk or Water Out 12:30	This institution is an Equal Opportunity Provider/Employer
APRIL 4	5 <b>NO</b>	6 SCHOOL	7 SPRING	8 BREAK	