

Meet the

School Counseling Program!

At the South Campus
Grades K-6
Mrs. Shaunae Behunin

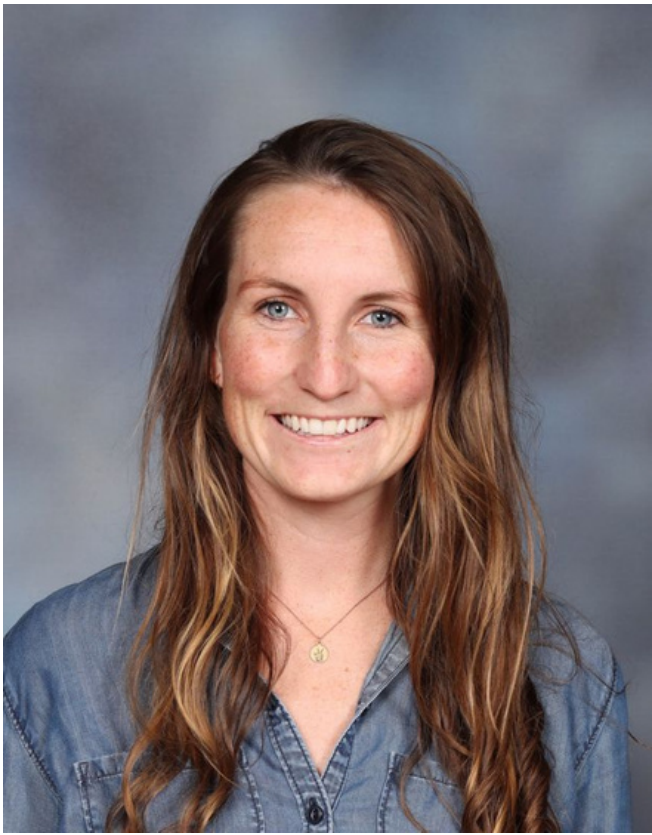


Our Mission:
Our Mission is to provide a comprehensive program that addresses the academic, career, and personal/social development of all students. We are committed to supporting the school mission in offering a safe and enabling learning environment for students to develop a desire to explore and understand the world around them; be inspired to set and reach goals, and become lifelong seekers of knowledge. The primary goal is to understand and address the needs of the "whole child" for every child.

Our Vision:
The Vision of Hawthorn Academy's School Counselor's is guided by our data-driven comprehensive counseling program and our commitment to fostering a sense of belonging and community in every student, staff, family, and community member. Through a counseling lens, we guide and support our students with the values and principles of the IB profile which contributes to the development of confident, independent, kind, and productive members of a global society.

Our Counseling Philosophy:
Counseling in our room is rooted in a solution-focused, strengths based approach. We believe that every school client, student or teacher, has the ability to shift their perspective and find the solution for themselves. We try to not give advice, but instead give students the opportunity to challenge themselves, grow as thinkers, take perspectives, and set positive future oriented goals. A few common questions that guide conversations with students might sound like this: "How do you want things to be? What would that look like for you? What difference would that make for you? and When have you done this before?". We have learned that this solution focused approach can be impactful for any problem a school client is facing. Our goal is to support students in discovering how resilient and adaptable they are as they experience an overwhelming amount of social, emotional, physical, and intellectual change. Through this model we work to support our students in creating a future for themselves that they will thrive in.

At the West Campus
Grades K-9
Ms. Lilly Paradis



High School Readiness

High School Night:
Local High Schools and 9th grade families are invited to Hawthorn for a Meet and Greet night where they can connect and prepare for their High School Transition.

Transition Meetings:
9th grade parents and their students engage in a meeting with a Hawthorn representative to help them reflect on their time at Hawthorn, prepare for their time in High School, and explore their vision for the rest of their lives.

Plan for College & Career Readiness:
Every 8th grade student meets with the Counselor to create 4 year plans for High School and discuss their career goals.

9th Grade Showcase Opportunity:
9th grade students are invited to create a reflective piece that represents themselves or the chapter of life they are in currently.

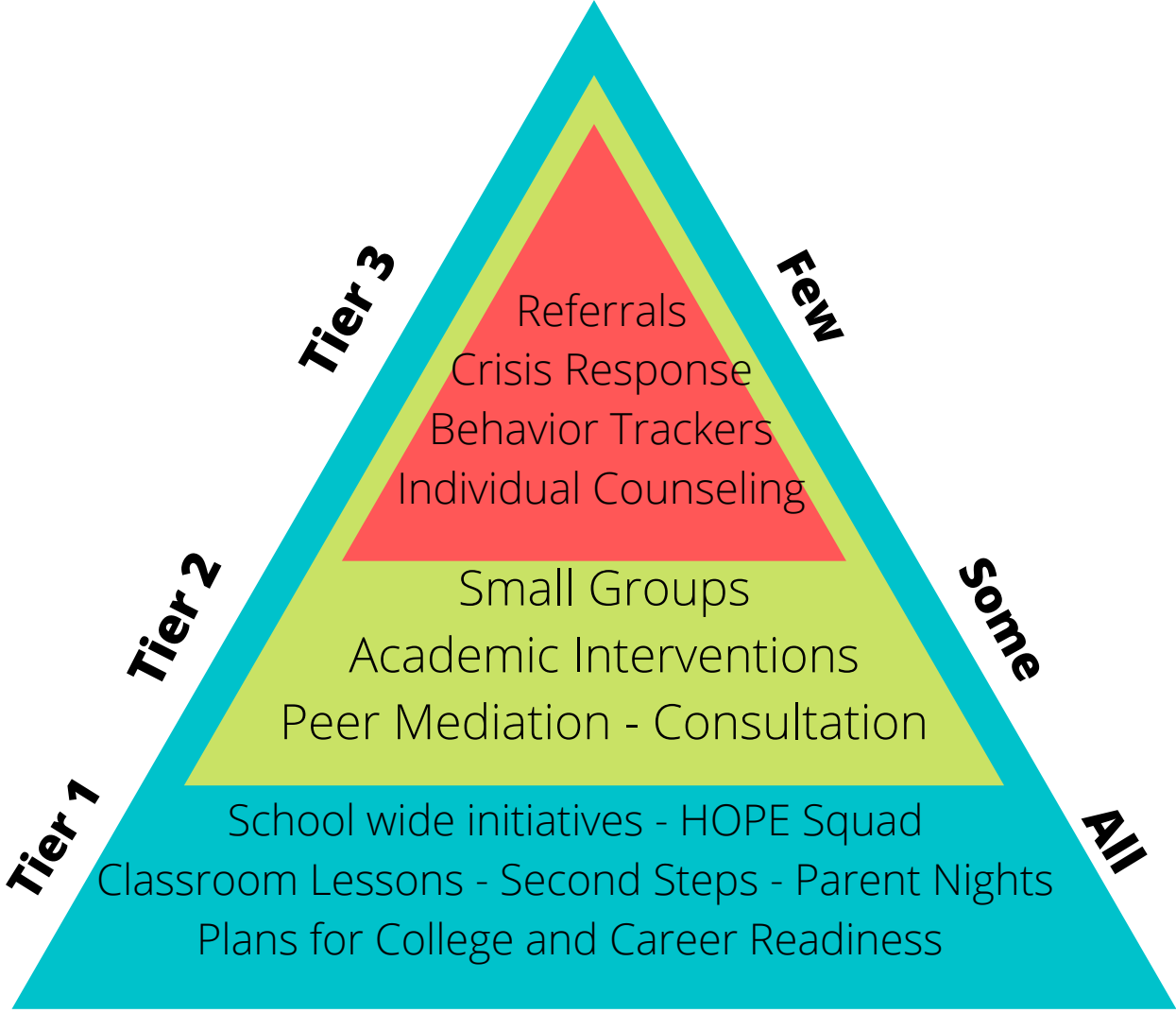
White Ribbon Week

November 15th-19th
- Digital Citizenship Lessons grades 3-9
- Classroom discussions and activities
- Family discussion questions sent home
- Lunch activities
- Digital Parenting Night and Mental Health Night

HOPE Squad

HOPE Week: March 21st-25th
- 5th-9th grade student members nominated by peers
- Learn how to support peers who are struggling
- Connect struggling students to counselor or advisors
- Promote positivity and school connectedness

We serve and support Hawthorn students socially, emotionally, and academically through a tiered intervention model.



All students have access to us and our services!

Career Exploration

- Counselor Collaborates with the 7th grade College and Career Awareness class to help engage student in career exploration lessons and activities

SEL Lessons

- Teachers teach Second Step curriculum lessons to their classroom students on a weekly basis
- Counselors teach mental health and social emotional lessons on occasion and as school community sees the need

Small Groups:

September - April
- Grade level groups meet with counselors on a regular basis
- Students learn the Zones of Regulation curriculum
- Engage in social and emotional coping skills
- Build connection with the counselor and peers

Career Week

February 7th-11th
- Career Exploration Lessons Grades K-6
- Teacher Career Profile Bingo
- Guest Speakers Grades 7-9
- Career Dress Up Day

Resources

SafeUT:
An app that is free and anonymous. Students can connect with professional counselors when themselves or others are in need of support after school hours.

Jordan Family Education Center:
A great resource for families and students that offers FREE counseling, classes, and groups addressing a wide variety of family and child experiences.

Counseling List:
A list of counseling centers that we give to families when they have expressed interest in connecting their child with an outside therapist.

Contact us!

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